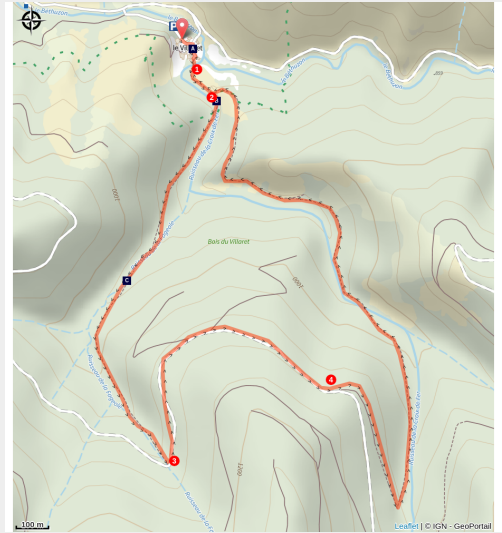


The streams walk

Causses Gorges - Meyrueis



Le Villaret (© Nathalie Thomas)



A shaded path along the Croix de Fer and Fageole streams.

Under the canopy of majestic beeches, gaps in the vegetation will give you views onto the Béthuzon valley, the hamlet of Le Villaret and, in the distance, the Causse Méjean plateau.

Useful information

Practice : Hiking on foot

Duration : 2 h 30

Length : 5.2 km

Trek ascent : 320 m

Difficulty : Medium

Type : Loop

Themes : History and culture,
Water and geology

Trek

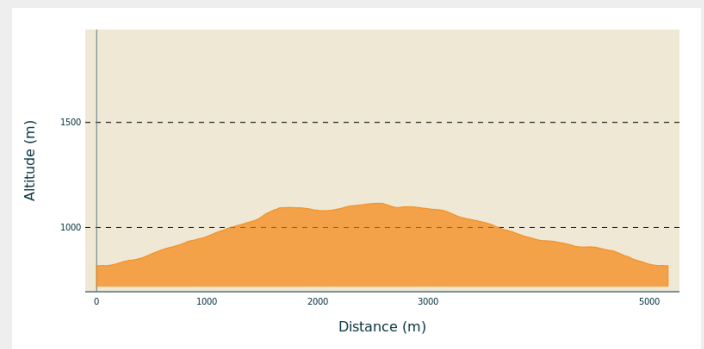
Departure : Le Villaret (Meyrueis)

Arrival : Le Villaret (Meyrueis)

Markings :  Yellow waymarks

Cities : 1. Meyrueis

Altimetric profile

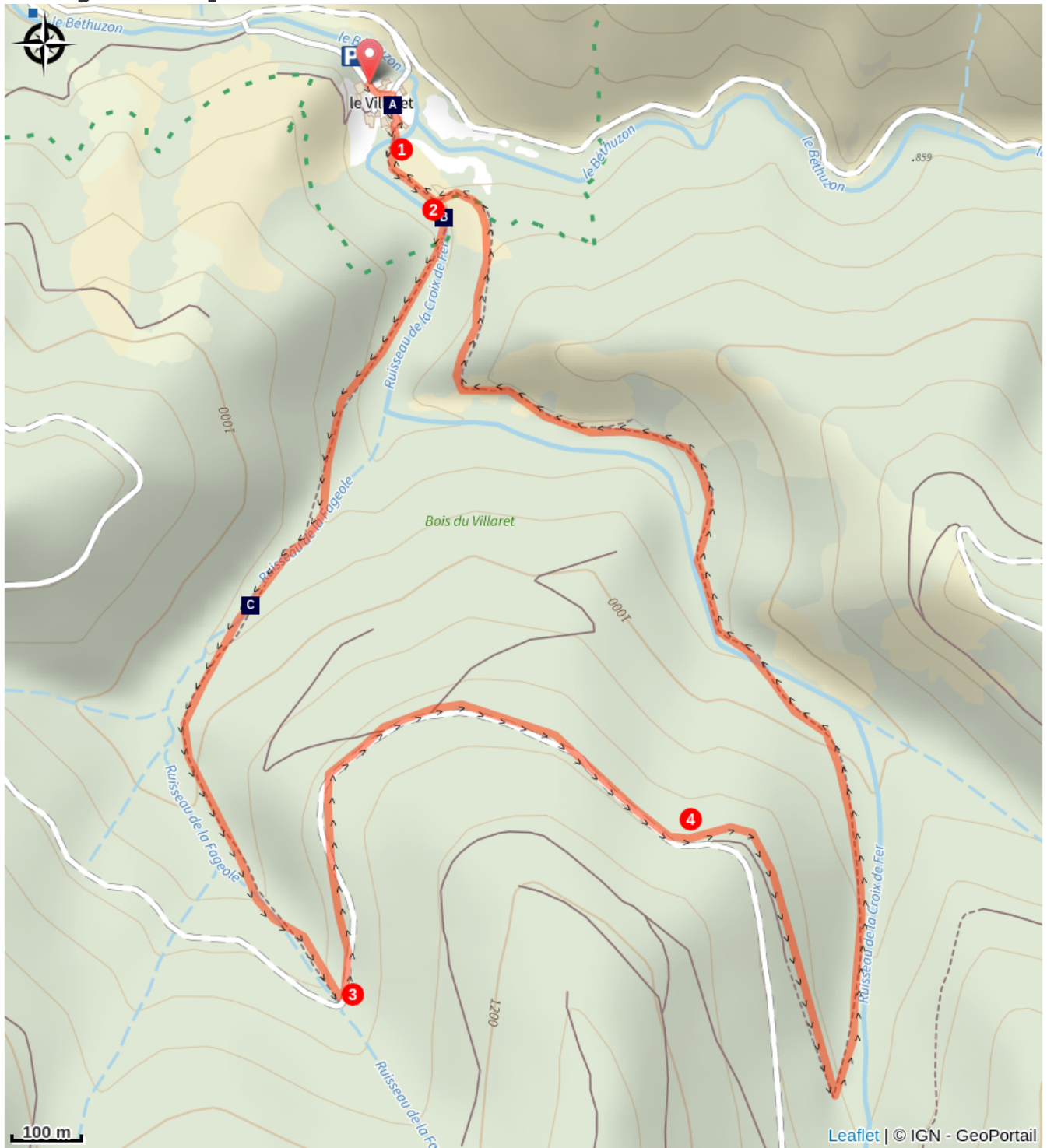


Min elevation 818 m Max elevation 1115 m

Go through the village to get to the Croix-de-fer stream. Cross the stream.

1. Cross it and go uphill for about 100 m towards a crossroads.
2. Turn right and go through the village again. Walk alongside the stream, then follow its tributary, the Fageole. Cross it to continue climbing through the woodland to join a wide forest track.
3. Turn left and continue for 1.5 kilometres.
4. Then take a path going downhill on your left, which is suitable for motor vehicles for 500 m, then take a path on the left that overlooks the Croix-de-Fer stream and goes down to the village of Le Villaret. Cross the stream at the ford and go back up to the village of Le Villaret.

On your path...



-  Château of Le Villaret (A)
-  White-throated dipper (*Cinclus cinclus*) (C)

-  Fageole and Croix-de-Fer brooks (B)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Advices

Steep uphill section early on. Several fords (must be avoided during flooding). Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat. Please close all gates and barriers behind you.

How to come ?

Access

From Meyrueis, D 986 towards Bout de Côte. 200 m after the roundabout, small road towards Roquedols, Ferrusac, Le Villaret.

Advised parking

At the entrance to the hamlet of Le Villaret, beneath the Château



Information desks

Tourism'house and national Parc at Florac

Place de l'ancienne gare, N106, 48400 Florac-trois-rivières

info@cevennes-parcnational.fr

Tel : 04 66 45 01 14

<https://www.cevennes-gorges-du-tarn.com>



Source



Agence d'Attractivité Touristique Gorges Causses
Cévennes

<http://www.cevennes-gorges-du-tarn.com>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>

On your path...



Château of Le Villaret (A)

This 16th-century château protects the hamlet of Le Villaret. Like all the land around, it belonged to the barons of Roquedols and was lived in by the youngest of the family. For several decades, it was the property of the writer and journalist Jean Lartéguy.

Attribution : nathalie.thomas



Fageole and Croix-de-Fer brooks (B)

The Fageole is a tributary of the Croix-de-Fer. The latter flows into the Béthuzon at Le Villaret, which flows into the Jonte at Meyrueis, then the Tarn at Le Rozier and the Garonne at Moissac. These two brooks are at the head of the Atlantic drainage basin. They are home to (usually small) trout. Adult trout live in these environments that lack organic matter by feeding on the larvae of mayflies, whose larval stage is aquatic and lasts for several months.

Attribution : nathalie.thomas



White-throated dipper (Cinclus cinclus) (C)

You may have the opportunity of seeing a white-throated dipper here, a brown and white bird the size of a blackbird. It has a very particular hunting technique: it plunges suddenly, headfirst, using its wings to reach the riverbed. It prefers to move upriver. Its diet consists of small crustaceans, aquatic insects and leeches.

Attribution : Gaël.Karczewski