

La Dauphine

Aigoual - Val-d'Aigoual



L'observatoire de l'Aigoual (nathalie.thomas)



This walk goes through a diverse state-owned forest: beech stands and natural fir stands. There are magnificent views onto the summit of Mont Aigoual. One section of this walk is shared with the discovery trail “The cliffs of Mont Aigoual”.

Useful information

Practice : Hiking on foot

Duration : 4 h

Length : 12.6 km

Trek ascent : 437 m

Difficulty : Medium

Type : Loop

Themes : Water and geology

Trek

Departure : Col de La Serreyrède pass (Valleraugue)

Arrival : Col de La Serreyrède pass (Valleraugue)

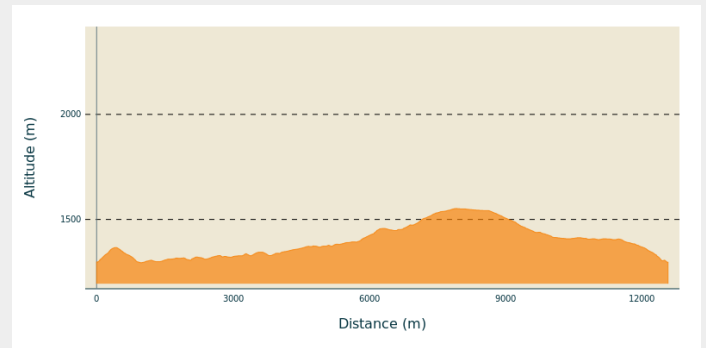
Markings :  Yellow waymarks

Cities : 1. Val-d'Aigoual

2. Bassurels

3. Meyrueis

Altimetric profile



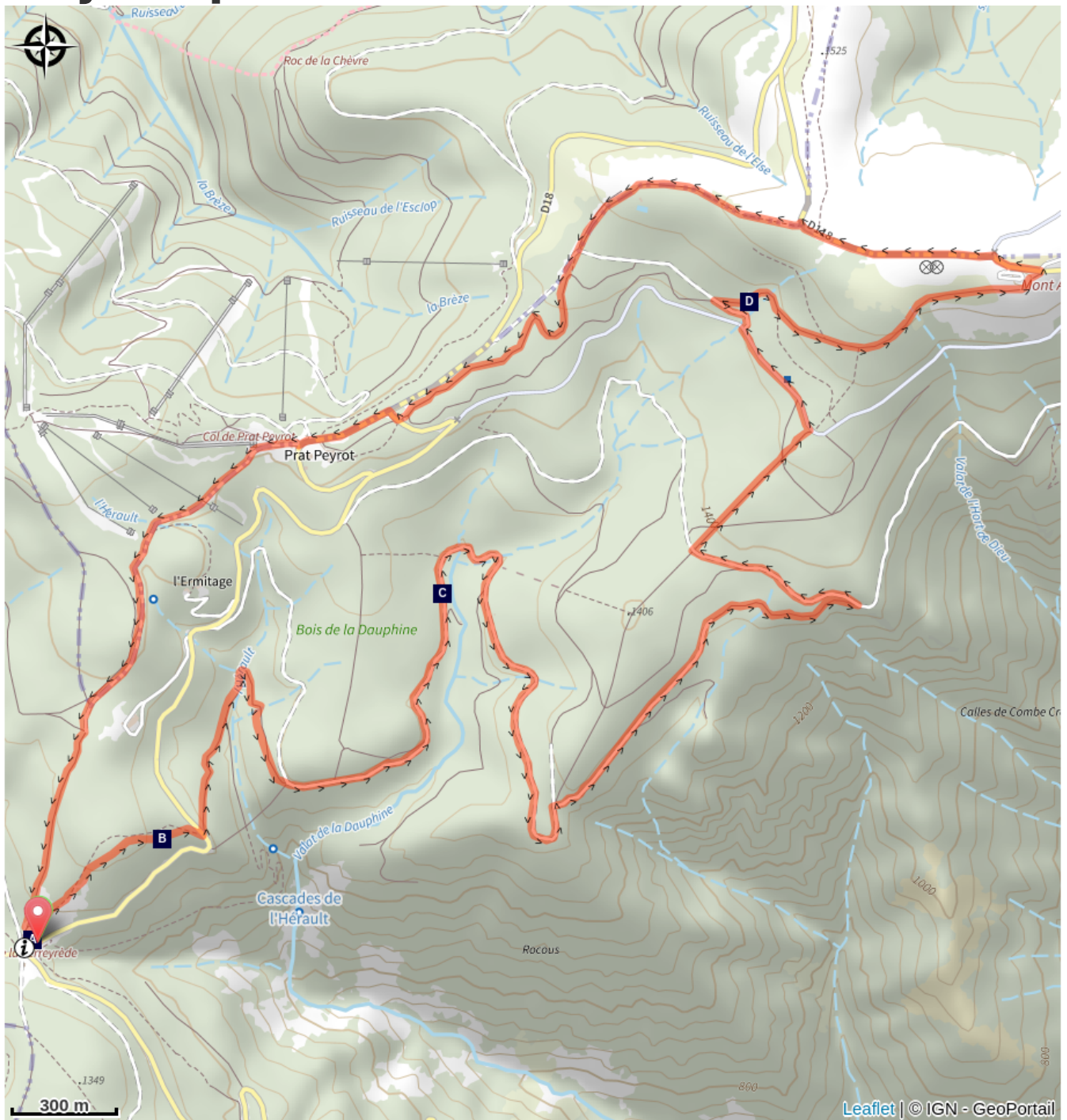
Min elevation 1294 m Max elevation 1552 m



Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in ***bold italics*** between quotation marks:



Sarting at "***Col de La Serreyrède***", head towards "***Point Sublime***" via "***Virage de Barrot***", "***Valat de la Dauphine***", "***Muraille de Volpellière***". At "***Point Sublime***" take the track on the left towards "***Coupe feu Sud***", "***Coupe feu***", "***Les plaques***", "***La Source***". At "***La Source***" climb to "***Sommet du Mont Aigoual***" in the direction of "***Le Bêlvédère***". Go downhill to "***Prat Peyrot***" via "***Les Antennes***", "***La Drailhe***". Return to "***Col de La Serreyrède***" via "***Le Fangas***".

This walk is taken from the guidebook **Massif de l'Aigoual**, published by the Communauté de communes Causses Aigoual Cévennes as part of the collection Espaces Naturels Gardois and the label Gard Pleine Nature.

On your path...



-  Maintaining clearings (A)
-  River capture (C)

-  Senescent stands (B)
-  Pôle Nature 4 Saisons (D)

All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

Advices

Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat. Please close all gates and barriers behind you.

How to come ?

Transports

liO is the regional public transport service of the region Occitanie/ Pyrénées - Méditerranée. It facilitates everyone's movements by prioritising public transport. For more information, call 08 10 33 42 73 or go to www.laregion.fr

Access

From L'Espérou or Camprieux on the RD 986

Advised parking

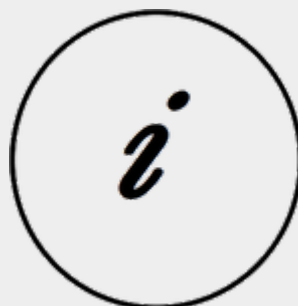
Col de La Serreyrède pass

Information desks

Tourism & national parc'house

Col de la Serreyrède, 30570 Val d'Aigoual
office-du-tourisme-cause@wanadoo.fr
Tel : 04 67 82 64 67
<https://www.sudcevennes.com>

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux du bâtiment (ascenseur)



Source



CC Causse Aigoual Cévennes Terres Solidaires

<http://www.caussesaigoualcevennes.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>



Pôle Nature Aigoual

On your path...



Maintaining clearings (A)

Cette clairière appartient aux milieux ouverts. Ces milieux lumineux abritent de nombreuses espèces (fleurs, papillons sauterelles...) Certaines d'entre-elles sont même spécifiques aux lisières, « interfaces » entre forêts et clairières. Ainsi la préservation de milieux ouverts, en régression sur le massif, constitue un enjeu important pour la biodiversité.

Attribution : Gaël Karczewski



Senescent stands (B)

Les îlots de sénescence sont des zones de protection au milieu de zones de production. Répartis sur l'ensemble du massif forestier exploité, ils permettent une libre évolution de la forêt. L'apparition progressive de bois mort, d'arbres de grande dimension présentant des cavités ou autres « micro-habitats » favorise l'installation de tout un cortège d'espèces spécifiques. : insectes saproxyliques (mangeurs de bois mort) et champignons mais aussi oiseaux et mammifères.

Attribution : © Valère Marsaudon



☹ River capture (C)

Violent precipitation and the steep gradient of Mediterranean torrents cause regressive (i.e. upstream) erosion of the valleys through which they flow. This erosion can invert the sense of flow and thus “capture” for the Mediterranean a waterway that had, until then, flowed into the Atlantic. One example is the Hérault with its waterfalls, the capture being located at the falls. The Hérault and the Dauphine brook used to flow via L'Espérou into the Dourbie... River pebbles found around the village by geologists attest to the existence of a waterway in the past.

Attribution : Arnaud.Bouissou



🌿 Pôle Nature 4 Saisons (D)

The Pôle Nature 4 Saisons of the Aigoual massif offers outdoor activities in all seasons in the central zone of the Cévennes National Park, overlooked by the legendary summit of Mont Aigoual (1,570 m). Discover our network of trails on foot, on horseback, by bike, or else by mountain-bike or with a donkey, as the fancy takes you!

Children can explore the orienteering circuit or geocaching. For the sportier among you we have laid out trail running circuits!

Prefer road biking? We have created circuits of varying difficulty levels so you can discover our villages and valleys.

Try not to make any noise! Wildlife enthusiasts can spot mouflons and other animals.

And if you would just like a gentle walk on the massif, the discovery trail “The cliffs of Mont Aigoual” is for you. There are various rest stops over its 4.5 km, with only 150 m in height difference.

We look forward to seeing you on our paths.

Attribution : Béatrice Galzin