

# Saint-Guiral

Aigoual - Dourbies



La Rouvière (nathalie.thomas)



*This is an athletic hike to the summit of St-Guiral, a granite block field with exceptional views.*

## Useful information

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Practice : Hiking on foot

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Duration : 6 h

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Length : 18.0 km

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Trek ascent : 742 m

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Difficulty : Difficult

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Type : Loop

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Themes : History and culture

# Trek

**Departure** : Dourbies, on the Place de l'Eglise (church square)

**Arrival** : Dourbies, on the Place de l'Eglise (church square)

**Markings** :  Yellow waymarks

**Cities** : 1. Dourbies

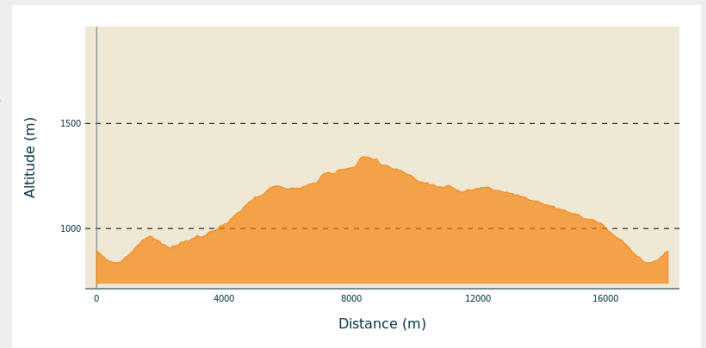
2. Trèves

3. Saint-Jean-du-Bruel

4. Sauclières

5. Alzon

## Altimetric profile



Min elevation 837 m Max elevation 1342 m

Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in ***bold italics*** between quotation marks:

Start at "***Dourbies-Église***". Make for "***Saint-Guiral***" via "***La Clède***", "***La Croix de Lagrinier***", "***La Rouvière***", "***Ressançon***", "***Combe d'Ardenne***". At "***Combe d'Ardenne***" take the track on the right towards "***Le Pradarel***", then climb to "***Roquefeuille***" to reach the foot of Saint-Guiral. Here you can climb to the summit (there and back). Then return to "***Dourbies***" via "***Sous St Guiral***", "***l'Abri de St Guiral***". Just before the shelter, take the path on the right to "***La Grandesc Basse***", "***Montredon***", "***La Clède***".

This walk is taken from the guidebook **Massif de l'Aigoual**, published by the communauté de communes Causses Aigoual Cévennes as part of the collection Espaces naturels gardois and the label Gard Pleine Nature.

# On your path...



▲ Dourbies (A)

▲ St Guiral summit (B)

# All useful information

## **Is in the midst of the park**

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

## **Advices**

Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat. Please close all gates and barriers behind you.

## **How to come ?**

### Transports

liO is the regional public transport service of the Occitanie/ Pyrénées – Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, call 08 10 33 42 73 or go to [www.laregion.fr](http://www.laregion.fr)

### Access

From L'Espérou on the D151.

### Advised parking

Place de l'Eglise (church square)

## **Information desks**

### **Tourism & national parc'house**

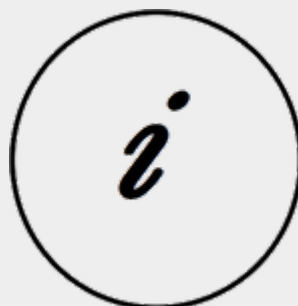
Col de la Serreyrède, 30570 Val d'Aigoual

[office-du-tourisme-cause@wanadoo.fr](mailto:office-du-tourisme-cause@wanadoo.fr)

Tel : 04 67 82 64 67

<https://www.sudcevennes.com>

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux du bâtiment (ascenseur)



## Source



CC Causse Aigoual Cévennes Terres Solidaires

<http://www.caussesaigoualcevennes.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>



Pôle Nature Aigoual

## On your path...

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### 🌲 Dourbies (A)

The village of Dourbies was built on a ridge to maximise the flatter soils for cultivation. Farming having declined in the valley, fields that were once cultivated have now been urbanised, and broom heath is invading more and more land.

Attribution : nathalie.thomas

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### 🌲 St Guiral summit (B)

Three brothers from the Roquefeuil family were in love with the same young woman. Since she was unable to choose, she bid them join the crusade, promising her heart to the bravest. The years passed, and in the songs transmitted by the troubadours there was no mention of the three knights. The young woman was slowly consumed by grief. With all hope gone, she died. In the cortège following her coffin to the cemetery, the three victorious brothers appeared. Filled with sadness and grief, they decided to live as hermits, each on a mountain top (Saint-Guiral, Saint-Loup and Saint-Alban). And each year they commemorated the cruel loss by lighting huge fires ... (Isabelle Magos, Le Guide des Cévennes).

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