

MTB 1 - The tour de L'Espérou

Aigoual - Dourbies



Une belle percée vers l'Aigoual et son observatoire (Béatrice Galzin)



This is a peaceful track at the heart of the forest. It presents no particular difficulty and can be accomplished by families wishing to discover the surroundings of the village of L'Espérou at mountain-bike speed.

Useful information

Practice : Bike

Duration : 31 min

Length : 4.4 km

Trek ascent : 100 m

Difficulty : Easy

Type : Loop

Themes : Agriculture and livestock farming, History and culture

Trek

Departure : L'Espérou

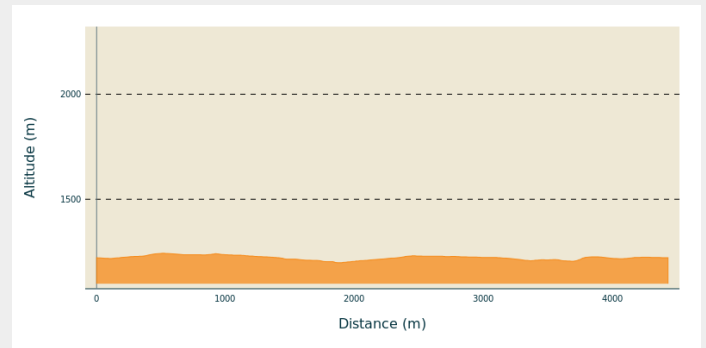
Arrival : L'Espérou

Markings : 🏠 mountain-bike

Cities : 1. Dourbies

2. Val-d'Aigoual

Altimetric profile



Min elevation 1198 m Max elevation 1243 m

Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in ***bold italics*** between quotation marks:

From ***“Les halles”*** car park, take the D151 towards Dourbies for 200 m.

1) Turn left to follow ***“Les Douzes”*** then ***“La Bascule”***, ***“Route Dhombres”***, ***“Le Château”***.

2) At ***“Le Château”*** turn left to return to ***“Le Carrefour”*** and ***“Les halles”*** car park.

This walk is taken from the guidebook **Massif de l'Aigoual**, published by the communauté de communes Causses Aigoual Cévennes as part of the collection Espaces naturels gardois and the label Gard Pleine Nature.

On your path...



All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

Advices

You must wear a helmet; further protective equipment is recommended. Respect other road users and stay in control of your speed and trajectory. NB: The trail is also used by horse riders. Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water. Please close all gates and barriers behind you. No off-roading.

Caution: patous (livestock guardians)! Seek advice on how to behave near these dogs from tourist offices and National Park information centres.

How to come ?

Transports

liO is the regional public transport service of the Occitanie/ Pyrénées - Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, call 08 10 33 42 73 or go to <https://lio.laregion.fr/>

Access

From Valleraugue, take the D986 to L'Espérou - car park after the crossroads.

Advised parking

Les Halles (L'Espérou)

Information desks

Tourism & national parc'house

Col de la Serreyrède, 30570 Val d'Aigoual

maisonde-laigoual@sudcevennes.com

Tel : 04 67 82 64 67

<https://www.sudcevennes.com>

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux du bâtiment (ascenseur)



Source



CC Causse Aigoual Cévennes Terres Solidaires

<http://www.causses-aigoual-cevennes.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>



Pôle Nature Aigoual