

MTB 6 - Le Trévezel forest - graded green

Aigoual - Saint-Sauveur-Camprieu







Fontaine de Camprieu (Béatrice Galzin)

An ideal family circuit! This pleasant circuit, with its gentle climb and rapid (but not difficult) descent, is perfect during the hottest months!

Useful information

Practice: Bike

Duration: 1 h 15

Length: 9.0 km

Trek ascent: 223 m

Difficulty: Easy

Type: Loop

Themes: Architecture and village,

Forest, Water and geology

Trek

Departure: St Sauveur Camprieu **Arrival**: St Sauveur Camprieu **Markings**: ♠ mountain-bike

Cities: 1. Saint-Sauveur-Camprieu

Altimetric profile



Min elevation 1100 m Max elevation 1251 m

Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks:

Start at "Camprieu" near the stadium, heading southeast. Go through the crossroads "Le Cros", then "Tabarde", then head to "Maison du Bois".

- 1) Go towards "Tailladette" and head left towards "Taillade".
- 2) At "Taillade" continue straight to "Bois de l'Agre".
- 3) From "Bois de l'Agre" go back to "Taillade" via a beautiful descent and come back to the village using the same route as at the start: "Tailladette", "Maison du bois", "Tabarde", "Le Cros" and "Camprieu".

This circuit is taken from the guidebook **Massif de l'Aigoual**, published by the communauté de communes Causses Aigoual Cévennes as part of the collection Espaces naturels gardois and the label Gard Pleine Nature.

On your path...



The Mont Aigoual forest (A)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

A Advices

Caution: patous (livestock guardians)! Seek advice on how to behave near these dogs from tourist offices and National Park information centres.

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. You must wear a helmet; further protective equipment is recommended. Respect other road users and stay in control of your speed and trajectory. Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes guickly in the mountains. Take enough water. Please close all gates and barriers behind you. No off-roading.

How to come?

Transports

liO is the regional public transport service of the Occitanie/ Pyrénées -Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, call 08 10 33 42 73 or go to www.laregion.fr

Access

From Meyrueis or Valleraugue, take the D986 to St-Sauveur - Camprieu - Parking.

Advised parking

St-Sauveur Camprieu

i Information desks

Tourism & national parc'house

Col de la Serreyrède, 30570 Val d'Aigoual

office-du-tourisme-causse@wanadoo.fr

Tel: 04 67 82 64 67

https://www.sudcevennes.com

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux du

bâtiment (ascenseur)



Source



CC Causses Aigoual Cévennes Terres Solidaires

http://www.caussesaigoualcevennes.fr/



Parc national des Cévennes

http://www.cevennes-parcnational.fr/



Pôle Nature Aigoual

On your path...



The Mont Aigoual forest (A)

"Aigoual, Forêt d'Exception"
The French Forestry Office, which manages state forests, launched a programme in 2013 called "Aigoual, Forêt d'Exception" (Aigoual: An Exceptional Forest) with the aim of highlighting the massif's natural and cultural heritage. The Forestry Office thus tries to foreground the different aspects of its multi-facetted management: production, protection and receiving visitors. One key aspect of this approach, which complements other initiatives by local actors, is to improve visitors' experience in the forest.

Attribution : Béatrice Galzin