

# Roc de La Truque

Causses Gorges - La Malène



Cauquenas (nathalie.thomas)



*Discover a rural world perched between tradition and modernity, between old buildings and modern constructions. Take a journey from yesterday to today on this path, which is entirely located on the plateau.*

## Useful information

Practice : Hiking on foot

Duration : 3 h 30

Length : 10.1 km

Trek ascent : 245 m

Difficulty : Easy


Type : Loop

Themes : Agriculture and livestock farming, History and culture

# Trek

**Departure** : Cauquenas

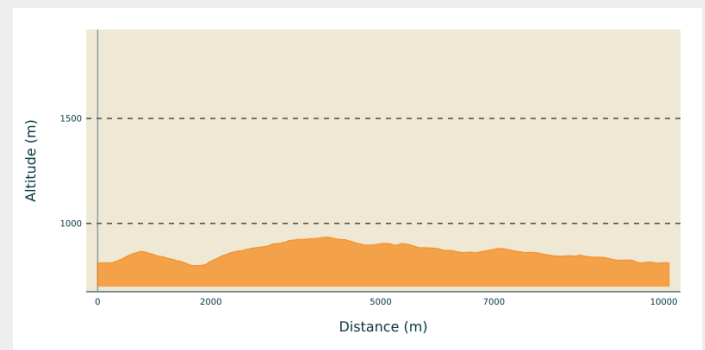
**Arrival** : Cauquenas

**Markings** :  Yellow waymarks

**Cities** : 1. La Malène

2. Masegros Causses Gorges

## Altimetric profile

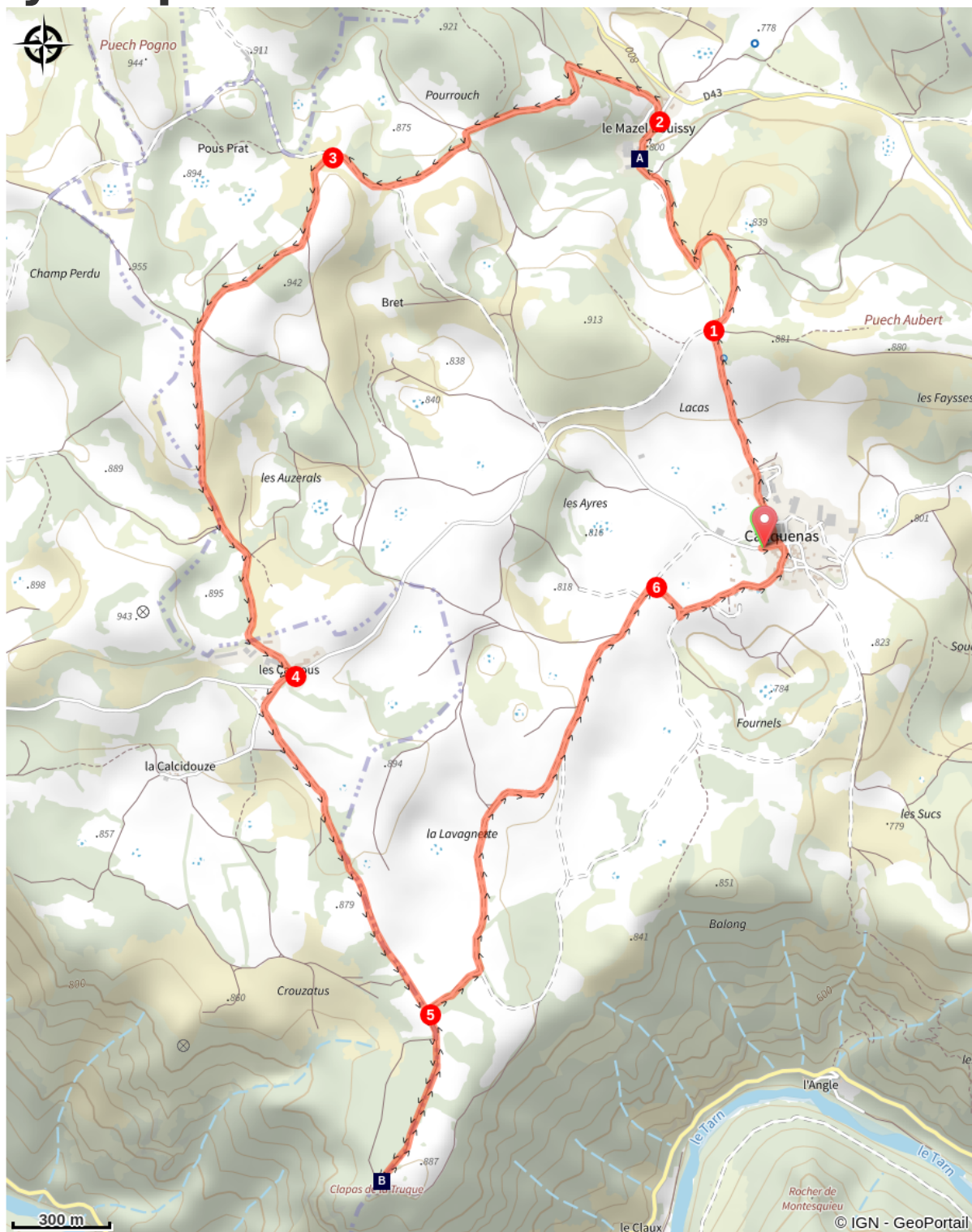


Min elevation 799 m Max elevation 935 m

By the bread oven, take the track between the farm buildings and hangars uphill to the pass.

- 1) Take the track on the right to reach the hamlet of Mazel-Bouissy.
- 2) In the hamlet, go up the lane on the left just after a stone cross to join a wider track. Turn left and then right. Go uphill to the intersection.
- 3) At the intersection, turn left and, at the top of the slope, continue on the right to the hamlet of Les Cayroux.
- 4) Take the road on your right for 60 m, then turn left and take the path for 1.1 km to a crossroads (Terres rouges), from which a detour to the Clapas de la Truque is possible (then retrace your steps).
- 5) At the crossroads, turn left, a detour to the Clapas de la Truque is possible (then retrace your steps); at the second crossroads turn left again. Continue on the draille (drovers' road) to go up towards Cauquenas.
- 6) Before the hamlet, turn right, go through the hamlet and, at the road, turn left to return to the car park.

# On your path...



Mazel Bouissy (A)

Clapas de la Truque (B)

# All useful information

## **Advices**

This walk has little shade. Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat. Please close all gates and barriers behind you.

## **How to come ?**

### Access

From La Malène, take the D 43 towards La Canourgue, then take the first road on the left, towards Cauquenas

### Advised parking

Parking near the bread oven

## **Information desks**

### **Tourism'house and national Parc at Florac**

Place de l'ancienne gare, N106, 48400 Florac-trois-rivières

[info@cevennes-parcnational.fr](mailto:info@cevennes-parcnational.fr)

Tel : 04 66 45 01 14

<https://www.cevennes-gorges-du-tarn.com>



### **Tourism office Cévennes Gorges du Tarn, Sainte-Enimie**

village, 48210 Sainte-Enimie

[info@attractivite-tourisme-gcc.com](mailto:info@attractivite-tourisme-gcc.com)

Tel : 04 66 45 01 14

<https://www.cevennes-gorges-du-tarn.com/>



## **Source**

## On your path...

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### Mazel Bouissy (A)

Here and elsewhere on the Causse de Sauveterre plateau, milk production was prioritised in the 19th century, under the impetus of the Roquefort cheese companies. Dairies were set up, the Causses plateaux were converted to dairy farming, and the Lacaune race of cows came to dominate.

On the Causse de Sauveterre, the Fromagerie du Massegros is a large dairy specialising in sheep's milk. Its speciality cheese is "Salaki".

Attribution : nathalie.thomas

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### Clapas de la Truque (B)

The area has another distinction apart from the panoramic wilderness of the Tarn gorge, the Roc des Hourtous and the Cirque des Baumes: an event that occurred some decades ago.

"In 1990, you would have been unable to approach the Roc de la Truque. Hundreds of cars were parked here. Same thing opposite, at the Roc des Hourtous. A rope had been tied between the two rocks, about 1,000 m long. Henry, the tightrope walker, managed to cover the whole distance on the rope".

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