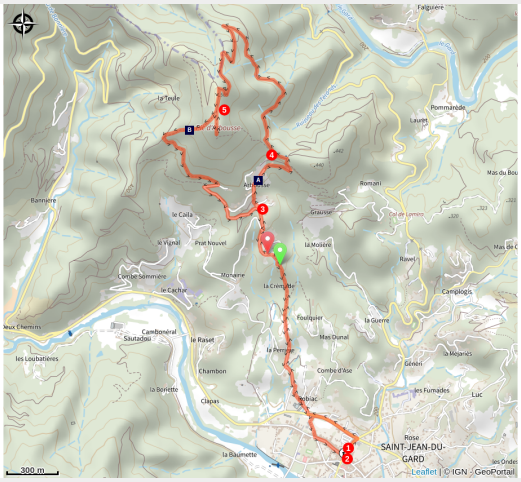
From one Gardon to the next

Piémont cévenol sud



Arbousse (nathalie.thomas)



A pretty walk aorund the Pic d’Arbousse peak, offering superb panoramic views over the Vallée Française, Mont Lozère and Gardon de Saint-Jean valley.

Useful information

Practice : Hiking on foot

Duration : 3 h

Length : 7.9 km

Trek ascent : 416 m

Difficulty : Medium

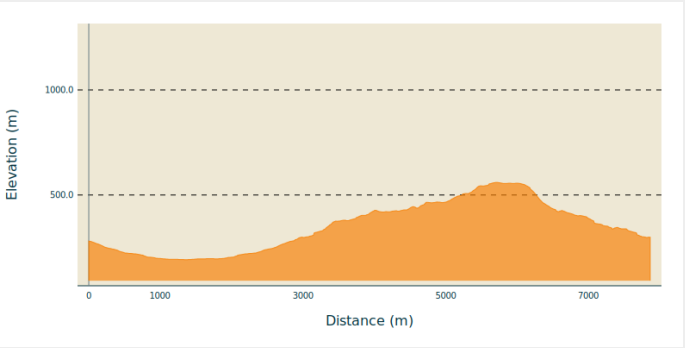
Type : Loop

Themes : Fauna and flora, Transports en commun

Trek

Departure : Saint-Jean-du-Gard (Post Office)
Arrival : Saint-Jean-du-Gard (Post Office)
Markings : Yellow waymarks
Cities : 1. Saint-Jean-du-Gard
2. Saint-Étienne-Vallée-Française

Altimetric profile



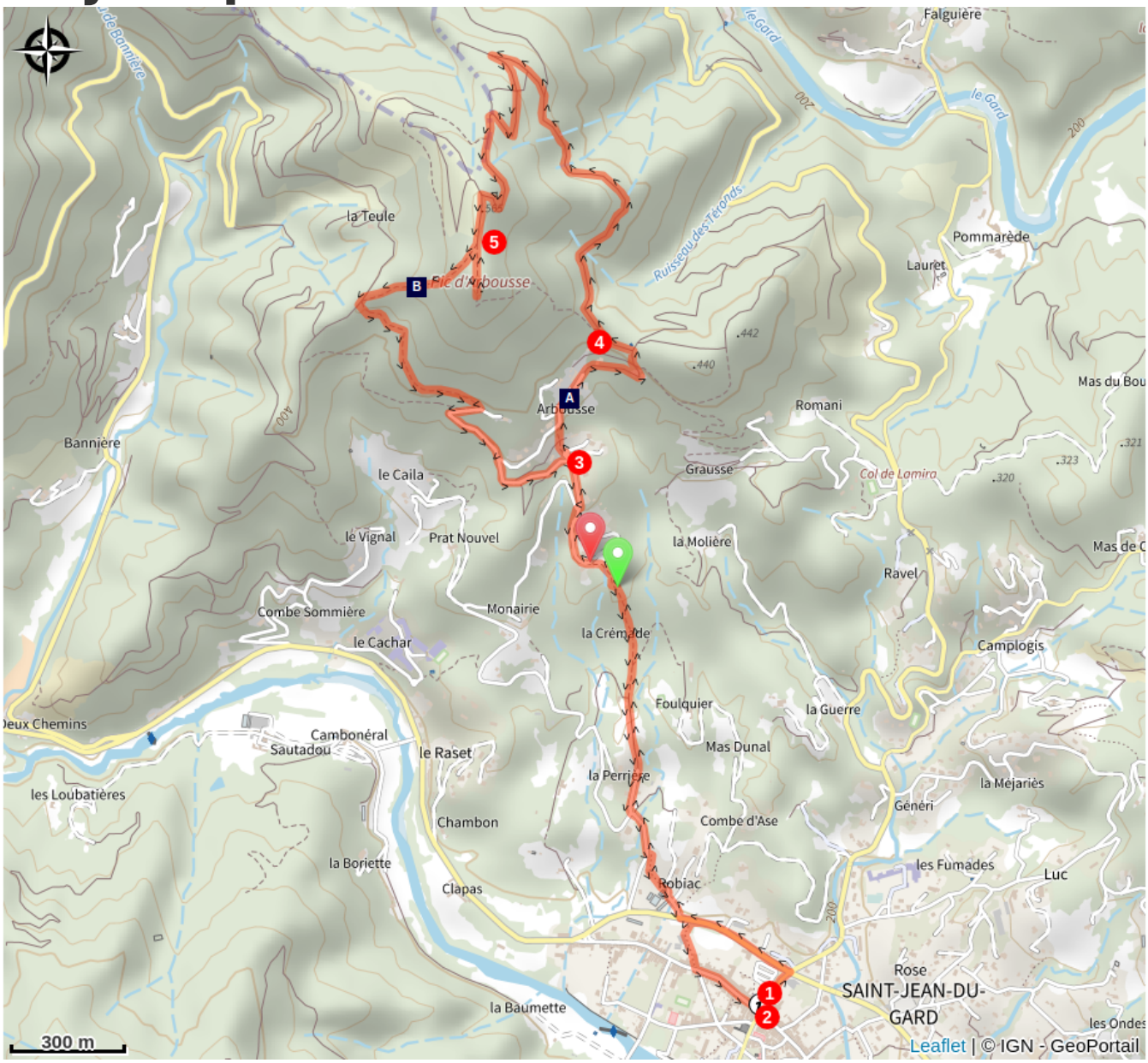
Min elevation 192 m Max elevation 560 m

Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks :

1. Starting at “**Saint-Jean-du-Gard - Office du Tourisme**”, walk to “**Pic d’Arbousse**” via:
2. “**St Jean - Musée**”,
3. “**Arbousse**” and
4. “**Les Théronds**”. Then go to
5. “**La Teule**”. From here, do a detour (there-and-back) to “**Pic d’Arbousse**“ (walk down to the viewpoint below the peak). From “**La Teule**”, return to “**Saint Jean du Gard**” via “**Arbousse**” (3) and “**St Jean - Musée**” (2).

This hike is taken from the guidebook **Cévennes et vallées du Gardon, autour d’Anduze et Saint-Jean-du-Gard**, published by the Agglomération d’Alès as part of the collection Espaces Naturels Gardois and the label Gard Pleine Nature.

On your path...



The hamlet of Arbousse (A)

The strawberry tree (B)

All useful information

⚠ Advices

Make sure your equipment is appropriate for the day’s weather conditions. Remember that the weather changes quickly in the mountains. Take enough water.

How to come ?

Transports

LiO is the regional public transport service of the Occitanie/ Pyrénées – Méditerranée region. It facilitates everyone’s movements by prioritising public transport. For more information, go to the lio Occitanie app or visit : https://www.mestrajets.lio.laregion.fr

Access

From Anduze, drive to St-Jean-du-Gard on the D907

Advised parking

La poste (Post Office)

Information desks

Tourism office Cévennes Tourisme, Anduze
Plan de Brie, 30140 Anduze
contact@cevennes-tourisme.fr
Tel : 04 66 61 98 17
https://www.cevennes-tourisme.fr/



Tourism office Cévennes Tourisme, Saint-Jean-du-Gard
Maison rouge, 30270 Saint-Jean-du-Gard
contact@cevennes-tourisme.fr
Tel : 04 66 85 32 11
https://www.cevennes-tourisme.fr/



Source

Alès agglomération

http://www.alescevennes.fr/

Parc national des Cévennes

http://www.cevennes-parcnational.fr/

On your path...



The hamlet of Arbousse (A)

When Tonin moved to Mas d'Arbousse in 1912, the road up from Saint-Jean-du-Gard was only a path. Without a single break, he carried his heavy cherrywood wardrobe on his back – having first removed the doors and shelves. On arrival in the hamlet, he quenched his thirst and then went back down for the rest of his piece of furniture. Thanks to the money he made by raising silkworms, Tonin paid off the purchase of his mas ((isolated farm) in only four seasons! In 1968 the hamlet of Arbousse only had three inhabitants compared to the forty-five it has today – the same number as in the 19th century.

Attribution : nathalie.thomas



The strawberry tree (B)

The strawberry tree, which has finely serrated evergreen leaves, brightens up the autumn not only with its white bell-like flowers but also with its orange-red fruit. For Pliny the Elder, the strawberry tree was related to the strawberry because of the shape of its fruit, a little prickly ball, and its colour. Yet the Latin origin of its name arbutus unedo is supposedly the contraction of unum edo: “I only ate one”. However, ripe tree strawberries, while stodgy, are quite soft and do not taste bad. Nowadays, they tend to be eaten mostly as jelly.

Attribution : nathalie.thomas