

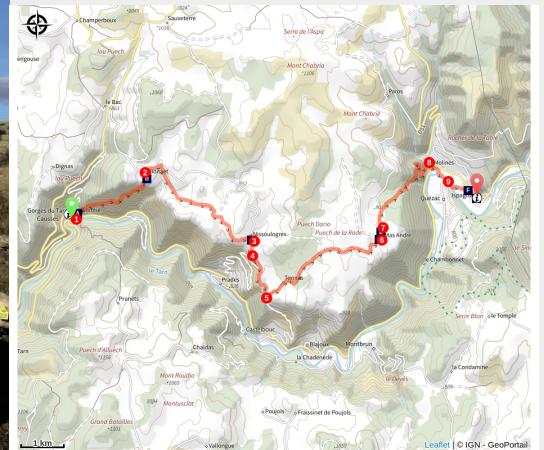
From Sainte-Enimie to Ispagnac via the Causse de Sauveterre - Day 2



Causse Gorges - Gorges du Tarn Causse



Troupeau de moutons sur le causse de Sauveterre (Bruno Daversin)



On this stage you will reach new heights. You will take the steep path that climbs to the Domaine des Boissets, a former farm with remarkable Causse architecture, and hike along the edge of the Causse de Sauveterre, benefiting from uninterrupted views over the Tarn gorge and Causse Méjean.

Useful information

Practice : Hiking on foot

Duration : 6 h

Length : 17.3 km

Trek ascent : 755 m

Difficulty : Medium



Type : Roaming

Themes : Agriculture and livestock farming, Architecture and village, Fauna and flora, History and culture

Trek

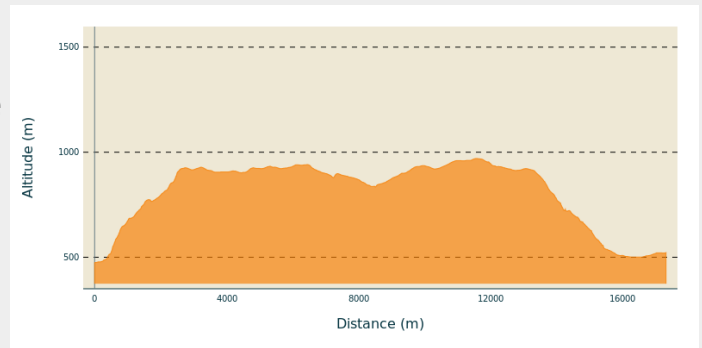
Departure : Sainte-Enimie

Arrival : Ispagnac

Markings :  GRP (regional long-distance hiking path)  Yellow waymarks

Cities : 1. Gorges du Tarn Causses
2. Ispagnac

Altimetric profile

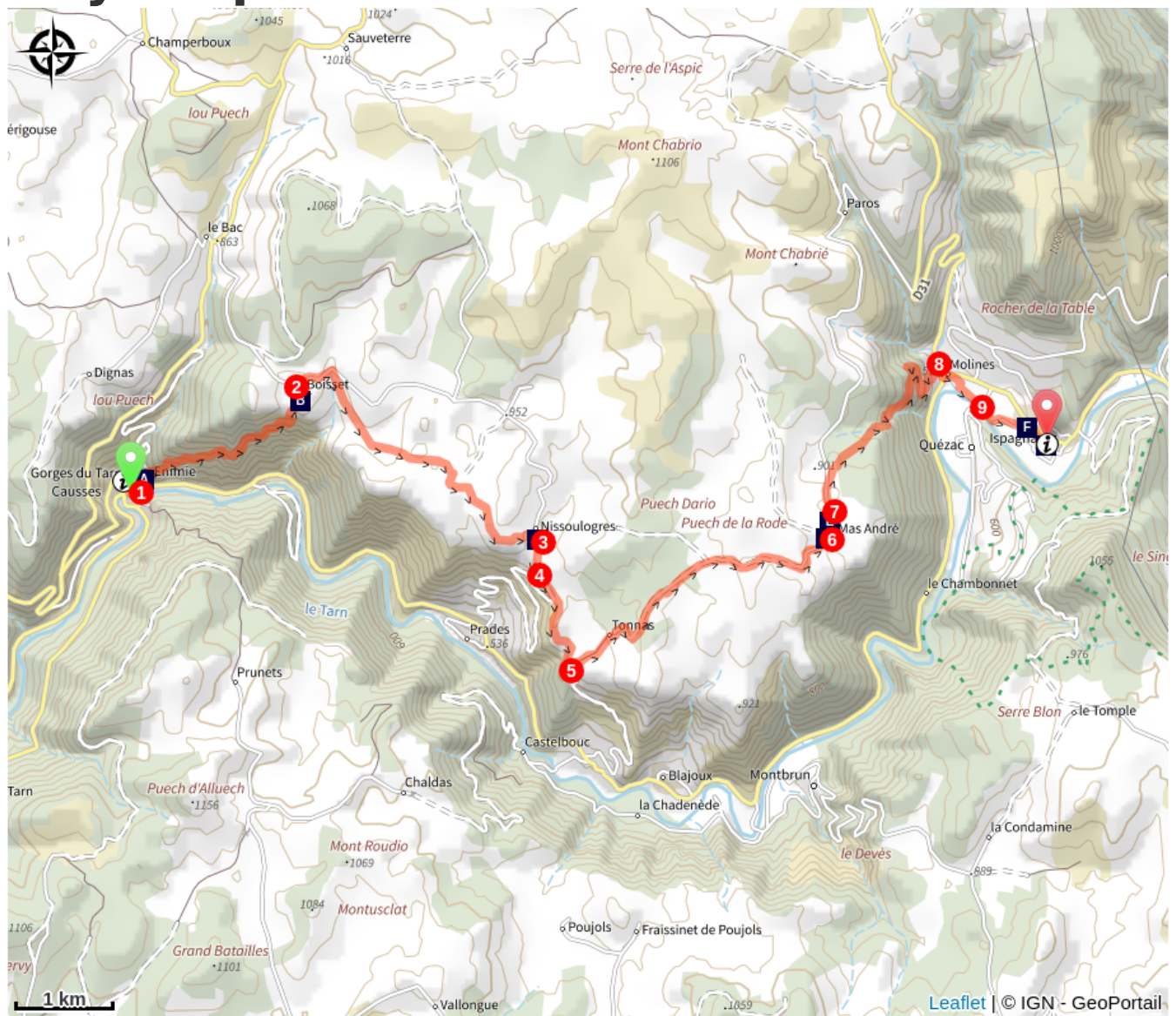






Min elevation 474 m Max elevation 970 m




From the main street, head towards Rue de la Combe

- 1- By the Hotel Burlatis, take Rue de la Combe, which climbs to the upper village for 200 m. Take the road on your right, which is tarred at first, and continue on the path that climbs to the Domaine des Boissets, waymarked yellow (steep climb). Pass to the left of the Domaine.
- 2 - At the road, turn right and continue for 500 m, then turn right again. Follow the waymarks for GRP Tour du Causse de Sauveterre (yellow and red). Pass the hamlet of Jouanas.
- 3 - By the hamlet of Nissoulogres, take on your right the path towards the edge of the plateau.
- 4 - Leave the path, which descends into the gorge, and instead follow on your left the path along the edge of the Causse.
- 5 - At the crossroads with the path on the right that goes down to Le Villaret in the gorge, turn left towards the hamlet of Tonnas and continue on the track towards the hamlet of Le Mas André.
- 6 - Ignore the road on the left and instead take the old path on the left, which joins up with the road after 300 m.
- 7 - Continue on the lane for 300 m and take on your right the path that goes down towards the vale of Ispagnac.
- 8 - At the road, turn right then left towards Ispagnac. After the bridge, immediately turn right in the hamlet of Moline and go down to the river. Take on your left the path along the Tarn.
- 9 - At Quézac bridge, continue straight ahead along the Tarn and return, past the campsite and then on Rue des Barrys, to the centre of Ispagnac.

On your path...



-  The terraces (A)
-  Tonnas and Nissoulougres (C)
-  Hedges (E)
-  Ispagnac church (G)

-  Domaine des Boissets (B)
-  Mas André (D)
-  The vintners of Ispagnac (F)

All useful information

Advices

Be careful during heatwaves: there is little shade on the Causse.

Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat. Please close all gates and barriers behind you.

How to come ?

Transports

Bus Stop: La Gravière car park by the willow and bridge

Bus line “Florac - Sainte Enimie - Le Rozier”, every day in July and August

<https://lio.laregion.fr/>

Access

Sainte-Enimie D 907bis

Advised parking

La Gravière car park on the banks of the Tarn or school car park [Ecole publique] in the upper village

Information desks

Tourism'house and national Parc at Florac

Place de l'ancienne gare, N106, 48400 Florac-trois-rivières

info@cevennes-parcnational.fr

Tel : 04 66 45 01 14

<https://www.cevennes-gorges-du-tarn.com>



Tourism office Cévennes Gorges du Tarn, Ispagnac

Place de l'Église, 48320 Ispagnac

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On your path...



The terraces (A)

Locals have transformed the rocky slopes into hanging gardens by making use of the smallest of flat spaces. They carried the soil up in baskets or sacks on their backs. This is where they would have planted their vegetables and fruit trees (peach, walnut, almond). Until the early 20th century, almond trees were the “great resource” that made good use of soils too poor for other crops.

Until 1851, there were 54 hectares of grapevines for 850 inhabitants. The vineyards clung to 45-degree slopes, which made work difficult. The low yield, disease and mechanisation were all factors in the abandonment of this crop. The municipality of Ispagnac reintroduced vines in 2003 when a winemaker settled there; a second settled in Blajoux in 2006.

Attribution : nathalie.thomas



🏠 Domaine des Boissets (B)

The hamlet of Les Boissets was already in existence in the 18th century, but the stone framework of several windows suggests that some buildings were built as early as the 15th.. The hamlet consists of six buildings, houses, outbuildings and sheepfolds, in the typical Causse style. The internal courtyard was closed off by walls that were much higher than they are today. It was a fortified agricultural estate. A bread oven, cisterns and threshing floor complete the complex, showing that the inhabitants lived in autarky. The farm was operational until 1995.

Attribution : nathalie.thomas



🏠 Tonnas and Nissoulogres (C)

These buildings have been turned into homes or holiday homes. They were once baraques or jasses, built by the inhabitants of the valleys to house people and livestock for a few weeks in the summer: the former harvested the grain they grew in the dolines, the latter grazed the summer pastures.

Attribution : nathalie.thomas



Mas André (D)

Mas are estates or small hamlets. Currently, two families of livestock farmers live in Mas André where they raise sheep for meat (500 to 600 animals). As you leave the hamlet, do stop in front of a complex of ruins with superb stone vaults. Vaulting was often used on both the lower and upper floor, and for both attics and to. The absence of water and of timber for roof structures, the fear of house fires and the abundance of stone explain this type of construction. In fact, a wooden roof could not carry a covering made of limestone tiles – it is too heavy (400 to 500 kg/m²).

Attribution : Nathalie Thomas



Hedges (E)

Hedges (boxwood or thorn bushes) were much used by farmers until the early 20th century to protect crops, flora and fauna, and delimit plots of land. They are the preferred nesting sites of many breeding or migrating birds. They also serve as a hide, not only for birds of prey such as buzzards, sparrowhawks or harriers, but also for insect-eating birds like the Hodgson's redstart and shrike. The berries of certain shrubs (sloe, juniper and dog rose) turn these hedges into larders for seed-eating birds: thrushes, northern grosbeak-canary, ortolan buntings, etc.

Attribution : C-C Florac - Sud Lozère



The vintners of Ispagnac (F)

In 2003, Sylvain Gachet, from Savoy, reintroduced grapevines to Ispagnac and Florac, planting six hectares of terraced land. On soils of clay/limestone and schist, he attempted to breathe new life into the Domaine de Gabalie. In 2006, Elisabeth Boyé and Bertrand Servières set up as vintners in the Tarn gorge, also under the stimulus package bringing vineyards back to the valley. They cleared the land of the bartas (brambles) which had invaded almost all the parcels, and rebuilt the dry-stone walls before planting almond trees, vine peaches and five hectares of grapevines: the Domaine des Cabridelles was born. The winemakers share a cooperative cellar in Ispagnac, which is also a sales outlet. Why not make a short stop to try the wines (the cellar is next to the car park by the state school (école publique)).

Attribution : cevennes-gorges-du-tarn



Ispagnac church (G)

St-Peter's Church in Ispagnac is one of the finest examples of Romanesque architecture in Gévaudan. Built in the 12th century, it is dedicated to Saint Peter and Saint Paul. The understated facade of this bulky-looking building has a simple gate with three semi-circular arches topped by a rose window that lets light into the nave. Once inside, you discover a simple and airy architecture. A sound-and-light show helps you to explore. To get the fullest impression of the architecture, you need to leave the building and walk around it to see the apse and its décor.

Attribution : cevennes-gorges-du-tarn