

# The riverbanks

Causses Gorges - Gorges du Tarn Causses



Vue sur Ste-Enimie (Nathalie Thomas)



*A short stroll on the banks of the River Tarn in the shade of large beeches, where beavers sometimes attack even the big trees, to appreciate the plunging views onto the village of Sainte-Énimie.*

## Useful information

Practice : Hiking on foot

Duration : 2 h

Length : 4.0 km

Trek ascent : 242 m

Difficulty : Easy

Type : Loop

Themes : Architecture and village, Fauna and flora, History and culture, Transports en commun

# Trek

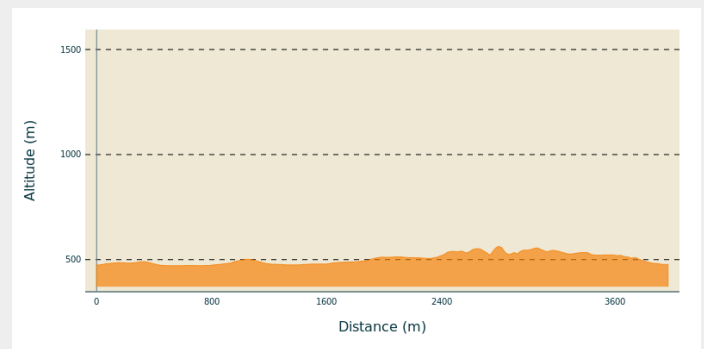
**Departure** : Sainte-Enimie: road to Meyrueis, after the square

**Arrival** : Sainte-Enimie: road to Meyrueis, after the square

**Markings** :  Yellow waymarks

**Cities** : 1. Gorges du Tarn Causses

## Altimetric profile

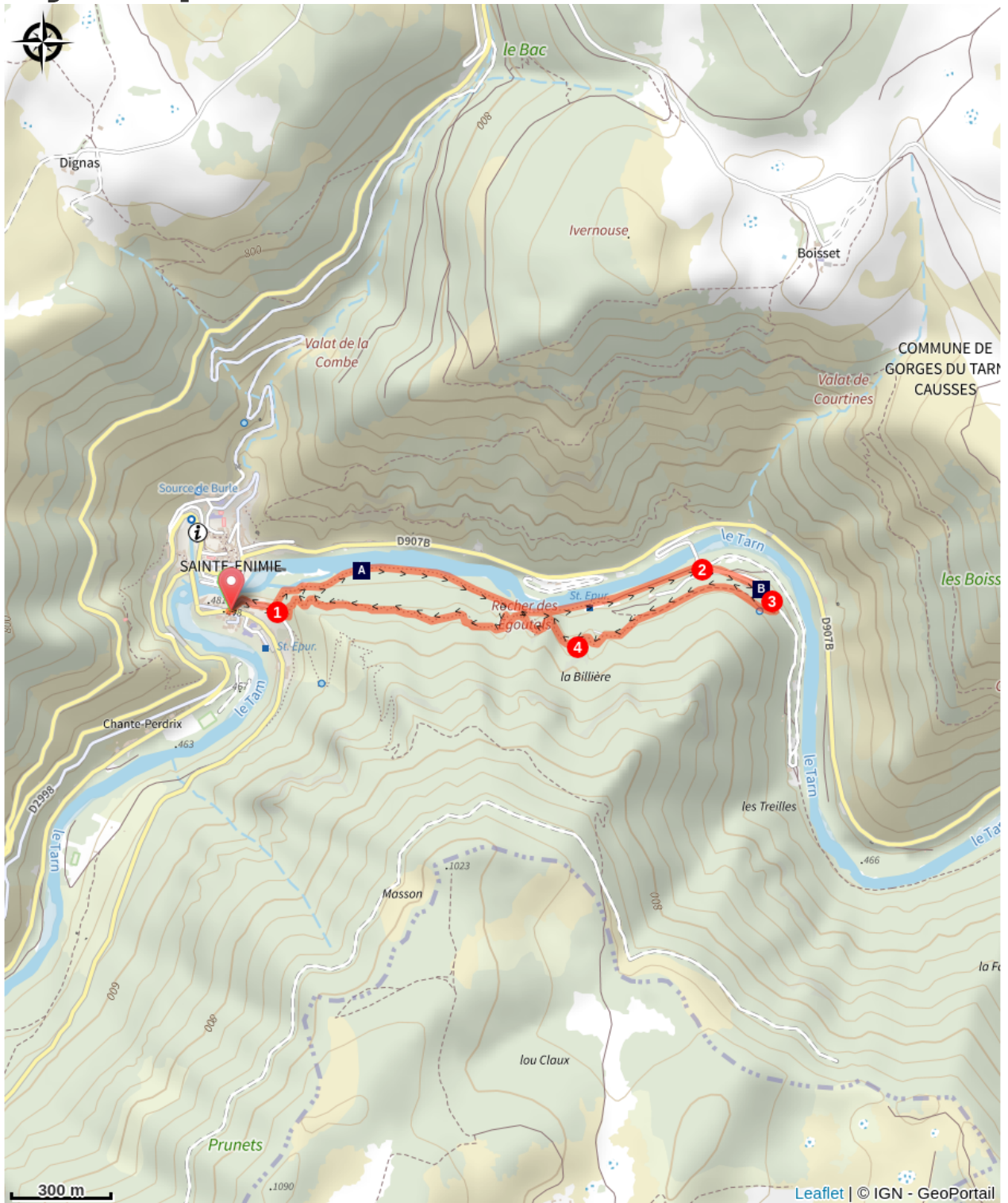


Min elevation 471 m Max elevation 563 m

From the village, cross the bridge towards Meyrueis, turn left in front of the Bleu Nuit hotel. The circuit starts after the square. Take the street that goes uphill on the left towards some house and passes in front of the “jokers” belvedere.

1. Turn left onto the path towards Castelbouc. It goes downhill towards the riverbank. Follow it for 1.5 km, to the outdoor-activities centre.
2. By the submersible bridge, take the road on the right that goes uphill towards the centre’s reception. Continue straight ahead and veer slightly right after the buildings.
3. Take on your right the path that runs above the centre. Go uphill, always turning left until you reach the upper path.
4. At the signpost for “Prunets/Sainte-Énimie”, turn right towards Sainte-Énimie. Continue straight ahead for about 1.5 km, to the large wooden cross opposite Sainte-Énimie. Then go downhill to the road and return to your starting-point.

# On your path...



The beaver (A)



Outdoor-activity centre (B)

# All useful information

## **Advices**

### **During flooding, this path is impassable.**

Shaded path with access to the river. Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat. Please close all gates and barriers behind you.

## **How to come ?**

### Transports

#### **Bus stop:** Parking Gravière

- Bus line 258 "Florac – Sainte-Enimie – Le Rozier", every day in July and August
- Bus line 259 "Mende – Saint Enimie – Meyrueis"

<https://lio.laregion.fr/>

### Access

From Ispagnac, take the D 907 bis to Ste-Énimie.

### Advised parking

La Gravière car park

## **Information desks**

### **Tourism'house and national Parc at Florac**

Place de l'ancienne gare, N106, 48400 Florac-trois-rivières

[info@cevennes-parcnational.fr](mailto:info@cevennes-parcnational.fr)

Tel : 04 66 45 01 14

<https://www.cevennes-gorges-du-tarn.com>



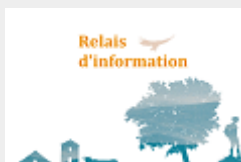
### **Tourism office Cévennes Gorges du Tarn, Sainte-Enimie**

village, 48210 Sainte-Enimie

[info@attractivite-tourisme-gcc.com](mailto:info@attractivite-tourisme-gcc.com)

Tel : 04 66 45 01 14

<https://www.cevennes-gorges-du-tarn.com/>



## **Source**



Agence d'Attractivité Touristique Gorges Causses Cévennes

<http://www.cevennes-gorges-du-tarn.com>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>



# On your path...

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## The beaver (A)

Proof that I have been here might be a tree carved into a pencil shape; pieces of bark; wood chips; a heap of branches in the water; back or front paw prints in the sand. I'm the Eurasian beaver. I live near water. I'm active mostly at night, and sometimes at dawn and dusk if no-one disturbs me. From the Middle Ages (11th century) to the 19th century, times were hard for us. We were hunted by humans for our flesh, fur and because we were thought a nuisance. In the early 20th century, we had disappeared from many parts of France. Today, things are better – we live alongside and in the Tarn again.

Attribution : © OTGCC nc

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## Outdoor-activity centre (B)

The national outdoor-activity centre in Sainte-Énimie is owned by the Fédération française de sports pour tous. For 50 years, the Federation has been committed to introducing the largest possible number of people to physical activities. In 1968, after the land had been bought, several groups of youths helped to restore two houses as well as build the toilet block and the footbridge. Over the years, many additions have been made: accommodation block, multipurpose room, restaurant and fitness building. Today, the centre covers 32 hectares and 1.5 km of riverbank. It welcomes all types of visitors and enables everyone to practice outdoor activities.

Attribution : Centre national d'activités de pleine nature