

# Le Pas de l'Ane

Aigoual - Trèves







La vallée (Béatrice Galzin)

This is a fabulous cliff-edge path above the Trévezel gorge. The torrent has exploited a geological fault line to carve its deep gorge into the Causse plateau.

This gigantic balcony offers views onto wooded cliffs with large bare limestone formations, almost like fangs. At the very bottom lies the hamlet of Le Villaret, through which you will pass in two or three hours, depending on your speed. Be careful not to imitate the donkey that gave the rocky cliff edge opposite you its name! A long time ago, that donkey took a wrong step ("pas de l'âne" means "donkey step") and fell off the cliff with its unlucky owner...

### **Useful information**

Practice: Hiking on foot

Duration: 6 h

Length: 11.9 km

Trek ascent: 529 m

Difficulty: Difficult

Type: Loop

Themes: Architecture and village,

Forest, History and culture

# Trek

**Departure**: Trèves - mairie (town hall) **Arrival**: Trèves - mairie (town hall) **Markings**: \_\_\_ Yellow waymarks

Cities : 1. Trèves

2. Lanuéjols3. Dourbies

### **Altimetric profile**



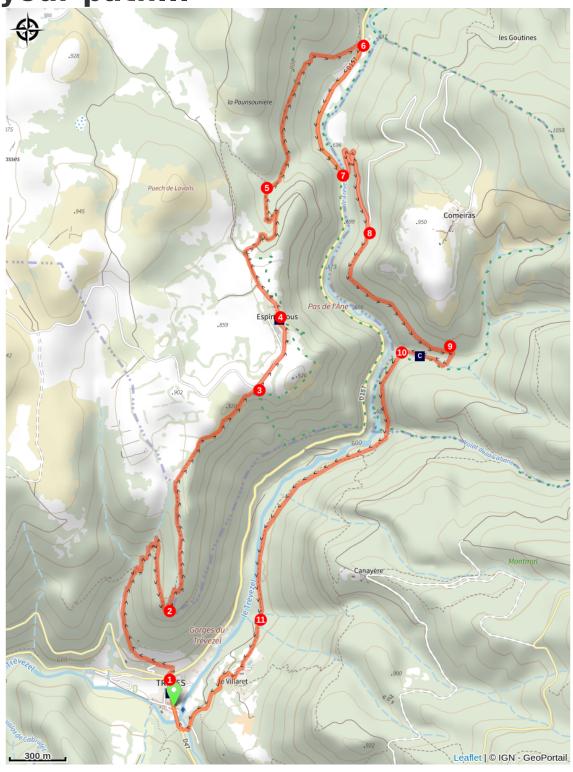
Min elevation 556 m Max elevation 896 m

Signposts will guide you all along this route, as well as yellow painted waymarks. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks:

Start in Trèves, on the car park in front of the mairie. Take the path uphill to the cross.

- 1. There are several hairpin bends to reach the signpost "Roc du regard": go to the viewpoint.
- 2. At "Roc du regard", turn left; make sure to close the barrier.
- 3. Continue on the path. At the lane "Le puech", go right towards "Mare d'Espinassous" and the hamlet.
- 4. Walk through the hamlet of L'Espinassous and continue straight ahead.
- 5. At the signpost "*Mare d'Espinassous*" turn right and go downhill to *"Randavel"*, then to the D157.
- 6. Turn right onto the road for about 800 m.
- 7. Turn left and cross the bridge over the Trévezel river. Continue on the road towards Comeiras.
- 8. In the 4th hairpin bend, leave the road and go straight close the barrier.
- 9. Continue on the path to a level area.
- 10. Difficult downhill section among the rocks: slippery path.
- 11. At "La Sourdette" go back up towards "Hameau du Villaret" and from there downhill to "Trèves" via "La vierge". Cross the village uphill to the mairie.

On your path...



Trèves (A)

Tropical forest and the Causse flora (C)

Espinassous and its castle (B)

# All useful information



# Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



### **A** Advices

Caution: in the gorge, the path is slippery at ambient humidity and passes among the rocks (impassable for mountain-bikes). Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Take enough water. Very difficult sections on the return leg. Children under 16 years of age and groups are advised to abstain from this hike.

#### How to come?

### **Transports**

liO is the regional public transport service of the Occitanie/ Pyrénées -Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, call 08 10 33 42 73 or go to www.laregion.fr (in term time)

#### Access

From St-Jean du Bruel, take the D 314, then the D47, to Trèves.

### Advised parking

Car park at the mairie

## **1** Information desks

**Tourism & national parc'house** 

Col de la Serreyrède, 30570 Val d'Aigoual

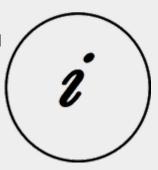
maisondelaigoual@sudcevennes.com

Tel: 04 67 82 64 67

https://www.sudcevennes.com

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux

du bâtiment (ascenseur)



#### **Source**



CC Causses Aigoual Cévennes Terres Solidaires

http://www.caussesaigoualcevennes.fr/



Parc national des Cévennes

http://www.cevennes-parcnational.fr/

# On your path...



## Trèves (A)

From Tabrî, meaning "village close to the water" in the Chasséen culture (Baume Lairoux, La Verrière, etc.), which lay on the trade route between the Gabali tribe, the coast and the Arecomici tribe. It was given a wooden bridge by the Romans, occupied first by Arian Visigoths and then by Nicene Christian Franks, and destroyed by Muslims around 730. It was revived in the Carolingian period with its Romanesque bridge, and was loyal to the Kings of France, who granted it a consuls' charter in the 14th century and the bell on top of the church, which had remained Catholic. In the 17th century, Trèves had hemp fields, whose hempen cloth was used in the draperies in Lodève. Its blue sheep's cheese, its galena mine and its terraces of almond trees and lentils belong to the past. Only the Pétassou (local pagan character and festival) remains (M.MOULINIER, historian).

Attribution : Béatrice Galzin



## Espinassous and its castle (B)

This is the Espinassous plateau with its 15th century castle. It only has one tower; the second tower allegedly imitated that donkey and fell into the ravine on whose edge it stood. The castle courtyard with its former farm outbuildings is magnificent; you can see them through the bars of the gate. These buildings are typical of Causse architecture: heavy limestone roofs, facades flanked by buttresses, narrow openings in the pointed barrel vaults.

The hamlet is in an agricultural plain near the cliff's edge.

Attribution : Béatrice Galzin



## Tropical forest and the Causse flora (C)

The Causse vegetation is very different from that on the valley floor of the "ravine with no name".

On the Causse with its dry limestone soil grow pale flowers, such as the blue/mauve liverwort or the white wood anemone. A yellow spot is a California buttercup, without forgetting the thyme which perfumes the path!

Boxwood lines both sides of the path. Downy oaks and Scots pine give some shelter in summer. The "ravine with no name" is a total change of scene. All of a sudden, you find yourself in a dense tropical forest; boxwood and lianas share the ravine. The sun never pierces the plant cover to warm the stream – never! It is chilly down here.

Moss grows everywhere. Luckily the waymarking is perfect.

Attribution : Béatrice Galzin