

Le Viala, Trail #22

Mont Lozère - Pont de Montvert - Sud Mont Lozère



Vue sur la Cham de l'Hermet (© Parc National des Cévennes)



A pleasant excursion on the uplands above Pont-de-Montvert, going west.

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Useful information

Practice : Foot race

Duration : 1 h

Length : 8.5 km

Trek ascent : 381 m


Difficulty : Very easy

Type : Loop

Trek

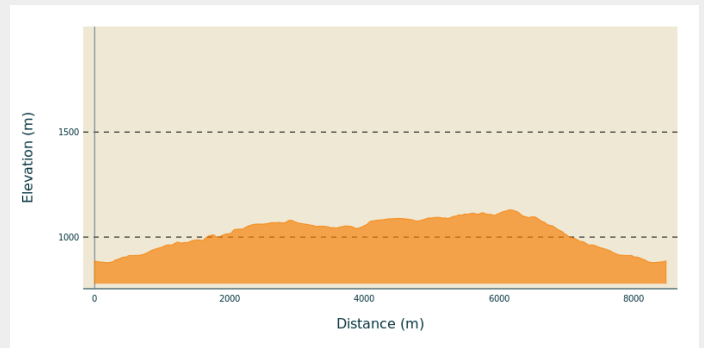
Departure : Pont-de-Montvert - Sud-Mont-Lozère

Arrival : Pont-de-Montvert - Sud-Mont-Lozère

Markings :  Trail PPN Mt Lozère

Cities : 1. Pont de Montvert - Sud Mont Lozère

Altimetric profile



Min elevation 878 m Max elevation 1130 m

A short climb to Le Viala on a pleasant forest path. From there on, the slope becomes gentler but you continue uphill to the hamlet of Racoules, which has a beautiful viewpoint onto the upper Tarn valley and the Causse Méjean plateau.

To return to Le Viala, you use a magnificent cobbled path under cover of the chestnut trees.

You finish where you started.

Follow the waymarks for trail #22.

Signposts will guide you all along this route, as well as yellow painted waymarks. In the description below, the signposted place names and/or directions are given in ***bold italics*** between quotation marks:

Starting at "***Pont-de-Montvert***", go to "***La Destourbe***", "***Le Viala***".

From "***Le Viala***", do the clockwise loop "***Le Viala***", "***Racoule***", "***Le Viala***".

This trail is taken from the guidebook **Mont Lozère - Pays des sources**, published by the Pôle de pleine nature du mont Lozère.

On your path...



-  Bread in Le Viala (A)
-  Sheepfolds (jasses) (C)

-  The mill at Le Viala (B)

All useful information

Advices

In high season, parking is difficult in the village: prioritise the suggested car park at the edge of the village.

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Please close all gates and barriers behind you. Stay on the marked path.

How to come ?

Access

From Florac, to Pont-de-Montvert - Sud-Mont-Lozère on the D 998.

From Génolhac, to Pont-de-Montvert - Sud-Mont-Lozère on the D 906, then the D 998 via Vialas and La Croix de Berthel.

Advised parking

Car park at the Temple (Protestant church)

Information desks

Office de tourisme Des Cévennes au mont Lozère

le Quai, 48220 Le Pont de Montvert sud mont-Lozère

info@cevennes-montlozere.com

Tel : 04 66 45 81 94

<https://www.cevennes-montlozere.com/>



Tourism office Coeur de Lozère, Mende

BP 83, place du Foirail, 48000 Mende

mendetourisme@ot-mende.com

Tel : 04 66 94 00 23

<https://www.mende-coeur-lozere.fr>



Tourism office Mont-Lozère, Bagnols-les-Bains

avenue de la gare, 48190 Bagnols-les-Bains Mont-Lozere et Goulet

contact@destination-montlozere.fr

Tel : 04 66 47 61 13

<https://www.destination-montlozere.fr/>



Source



CC des Cévennes au Mont Lozère

<http://www.cevennes-mont-lozere.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>



Pôle pleine nature Mont Lozère

On your path...



Bread in Le Viala (A)

The bread oven had a special place in the communal life of the village. Inhabitants provided wood, heated the oven and kneaded balls of dough to bake bread and tarts together.

Attribution : nathalie.thomas



The mill at Le Viala (B)

A granite vault covers the small mill. As with all grain mills, a water intake diverts the stream towards a gourgue (basin). Under the mill, water turned the wheel, which had an axle that turned the grindstone. Inside, the only vestiges are damaged sandstone grindstones.

Attribution : nathalie.thomas



Sheepfolds (jasses) (C)

The top of the slope is covered in granite block fields. A little lower down, the slope is striped with low walls that border paths and close off small parcels of land which used to be farmed. There are 13 jasses built from assembled blocks; these sheepfolds were night shelters for the flocks of sheep from Racoules and Le Viala that stayed on the plateau for the summer.

Attribution : N.Thomas_pnc