La Fage – trail #11

Causses Gorges



La Fage (© Nathalie Thomas)



Explore the Bramont gorge and the village of La Fage with its many vernacular heritage features.

Partez à la découverte des gorges du Bramont et de son village « La Fage », riche en patrimoine vernaculaire.
Une boucle accessible à tous, qui permet de découvrir des beautés cachées de La Lozère !

Useful information

Practice : Foot race

Duration : 1 h 18

Length : 9.2 km

Trek ascent : 380 m

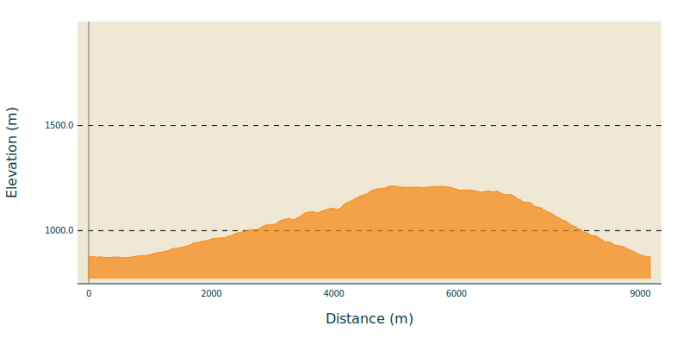
Difficulty : Easy

Type : Loop

Trek

Departure : Saint-Etienne du Valdonnez
Arrival : Saint-Etienne du Valdonnez
Markings : Trail PPN Mt Lozère
Cities : 1. Saint-Étienne-du-Valdonnez

Altimetric profile



Min elevation 871 m Max elevation 1212 m

Follow the waymarks for trail #11
Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks:

Starting at "**Saint-Etienne du Valdonnez**", go to "**La Fage**" via:

1. "**Gorges du Bramont**",
2. "**Passerelle du Bramont**" and
3. "**La Borie**".
4. At "**La Fage**", return to "**Saint-Etienne du Valdonnez**" via
5. "**Bassy**",
6. "**Chemin de Bassy**".

This trail is taken from the guidebook **Mont Lozère – Pays des sources, de la montagne du Goulet aux gorges du Bramont**, published by the Pôle de pleine nature du mont Lozère.

On your path...



The Bramont river (A)

La Fage (B)

All useful information

⚠ Advices

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Please close all gates and barriers behind you. Stay on the marked path.

How to come ?

Transports

Line 251
liO is the regional public transport service of the Occitanie/ Pyrénées – Méditerranée region. It facilitates everyone's movements by prioritising public transport. For more information, go to the lio Occitanie app or visit https://ww.mestrajets.lio.laregion.fr

Access

From Florac, to the Col de Montmirat pass on the RN 106. Continue on the RN 106, then turn right onto the D 25 to St-Étienne-du-Valdonnez.
From Mende, take the RN 88 to Balsièges and turn left onto the RN 106; before Molines turn left onto the D 125 to reach St-Étienne-du-Valdonnez.

Advised parking

City hall

Source

CC Mont Lozère

https://www.ccmontlozere.fr/

Parc national des Cévennes

http://www.cevennes-parcnational.fr/

On your path...



The Bramont river (A)

The Bramont has its spring at Roc des Laubies on Mont Lozère. It runs downhill from there through the gorge which bears its name, crosses the Valdonnez valley and flows into the Lot a few kilometres further on, at Balsièges.

The Bramont is a peculiar river, which is both a major tributary of the Lot and, through underground stream captures, a hidden tributary of the Tarn.

From its spring onwards, the river flows over granite bedrock. But near Les Bondons, on the limestone formation of the Cham (small plateau) of the same name, its water partly disappears in three zones linked to a cave that was explored in about 1987: the Bramont ponor cave. The water re-emerges in Les Combes valley where it creates a waterway also known as the “Bramont”, which becomes a Tarn tributary at Le Cantonnet.

Attribution : Nathalie Thomas



La Fage (B)

The hamlet of La Fage has a wealth of ancient architecture and exceptional rural heritage. You can admire:

- its former mill, below the road just before you enter the hamlet;

- the bread oven, with its work room;

- the stall for shoeing cattle;

- the wash house;

- its cross with stoup and granite slab, on which the coffin was placed during funerals;

- the blizzard bell tower, built while waiting for a church that never materialised. The bell formed the pattern of daily life, and on days of powder-snow blizzards, the villagers ran it to help travellers find their way safely to the village.

Attribution : Nathalie Thomas