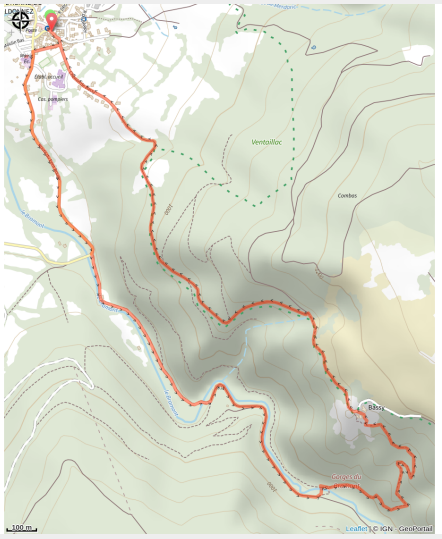
Bassy– trail #11v

Causses Gorges



Vallée du Bramont depuis Bassy (© Nathalie Thomas)



An initiation to trail running in the Bramont gorge!

Un court parcours dans les gorges du Bramont, mais qui vaut le crochet !
Passerelle, hameau caché, jolis petits sentiers ;
Ces cinq kilomètres vont très vite passer.

Useful information

Practice : Foot race

Duration : 27 min

Length : 5.6 km

Trek ascent : 297 m

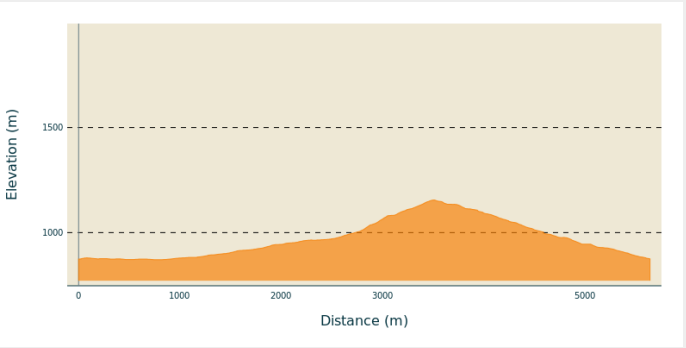
Difficulty : Easy

Type : Loop

Trek

Departure : Saint-Etienne du Valdonnez
Arrival : Saint-Etienne du Valdonnez
Markings : Trail PPN Mt Lozère
Cities : 1. Saint-Étienne-du-Valdonnez

Altimetric profile



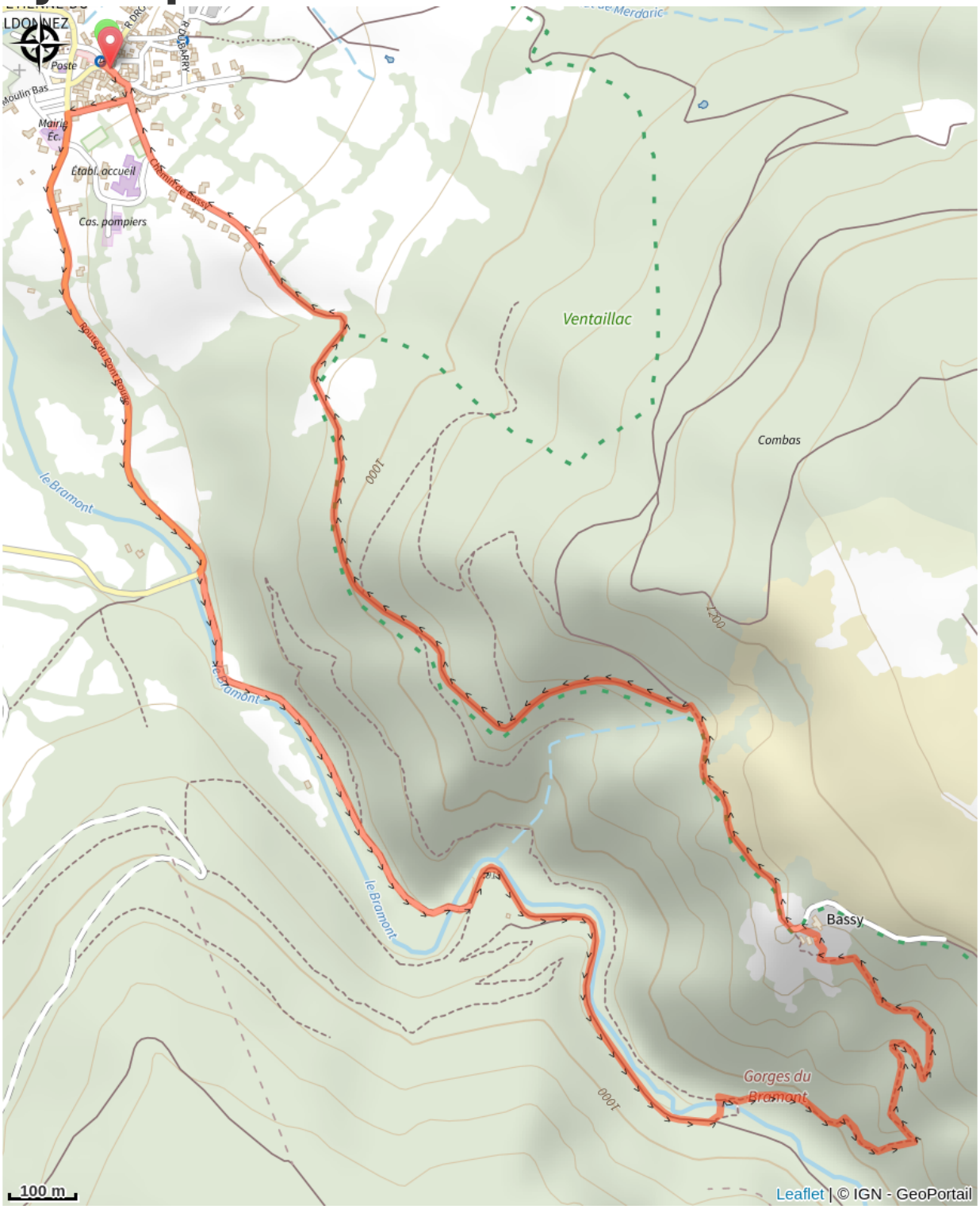
Min elevation 871 m Max elevation 1155 m

Follow the waymarks for trail #11v
Signposts will guide you all along this route. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks:

Starting from "**Saint-Etienne du Valdonnez**', go to "**Gorges du Bramont**" and continue to "**Passerelle du Bramont** ». At "**Passerelle du Bramont**", head uphill to "**Bassy**", then return to "**Saint-Etienne du Valdonnez**" via "**Chemin de Bassy**".

This trail is taken from the guidebook **Mont Lozère – Pays des sources, de la montagne du Goulet aux gorges du Bramont**, published by the Pôle de pleine nature du mont Lozère.

On your path...



The Bramont river (A)

All useful information

⚠ Advices

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Please close all gates and barriers behind you. Stay on the marked path.

How to come ?

Transports

Line 251
liO is the regional public transport service of the Occitanie/ Pyrénées – Méditerranée region. It facilitates everyone’s movements by prioritising public transport. For more information, go to the lio Occitanie app or visit https://ww.mestrajets.lio.laregion.fr

Access

From Florac, to the Col de Montmirat pass on the RN 106. Continue on the RN 106, then turn right onto the D 25 to St-Étienne du Valdonnez.
From Mende, take the RN 88 to Balsièges and turn left onto the RN 106; before Molines turn left onto the D 125 to reach St-Étienne-du-Valdonnez.

Advised parking

City hall

Information desks

Tourism'house and national Parc at Florac
Place de l'ancienne gare, N106, 48400 Florac-trois-rivières

info@cevennes-parcnational.fr
Tel : 04 66 45 01 14
https://www.cevennes-gorges-du-tarn.com



Tourism office Coeur de Lozère, Mende
BP 83, place du Foirail, 48000 Mende

mendetourisme@ot-mende.com
Tel : 04 66 94 00 23
https://www.mende-coeur-lozere.fr



Source

CC Mont Lozère

https://www.ccmontlozere.fr/

Parc national des Cévennes

http://www.cevennes-parcnational.fr/

Pôle pleine nature Mont Lozère

On your path...



The Bramont river (A)

The Bramont has its spring at Roc des Laubies on Mont Lozère. It runs downhill from there through the gorge which bears its name, crosses the Valdonnez valley and flows into the Lot a few kilometres further on, at Balsièges.

The Bramont is a peculiar river, which is both a major tributary of the Lot and, through underground stream captures, a hidden tributary of the Tarn.

From its spring onwards, the river flows over granite bedrock. But near Les Bondons, on the limestone formation of the Cham (small plateau) of the same name, its water partly disappears in three zones linked to a cave that was explored in about 1987: the Bramont ponor cave. The water re-emerges in Les Combes valley where it creates a waterway also known as the “Bramont”, which becomes a Tarn tributary at Le Cantonnet.

Attribution : Nathalie Thomas