

# Le Moure d'Allenc - Trail n°8

Mont Lozère



Croix autour de Chadenet (© Parc National des Cévennes)



## Sur les hauteurs de Bagnols-les-Bains

Handsome tracks through the forest, a trail section on the banks of the Lot, pretty hamlets to be crossed... Here is a circuit without major difficulty to explore the surroundings of Bagnols-les-Bains.

### Useful information

Practice : Foot race

Duration : 1 h 45


Length : 14.9 km

Trek ascent : 400 m

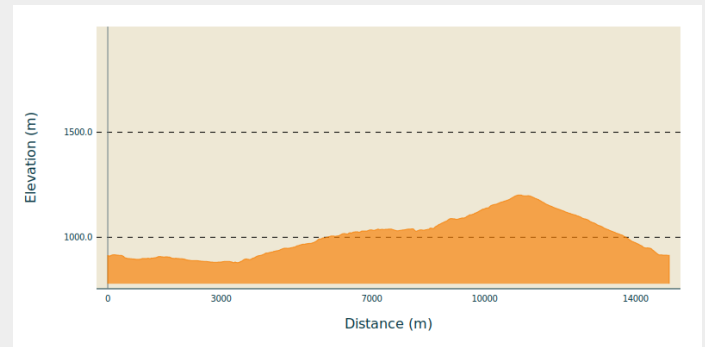
Difficulty : Easy

Type : Loop

# Trek

**Departure** : Bagnols-les-Bains  
**Arrival** : Bagnols-les-Bains  
**Markings** :  Trail PPN Mt Lozère  
**Cities** : 1. Mont Lozère et Goulet  
2. Chadenet  
3. Allenc

## Altimetric profile



Min elevation 879 m Max elevation 1201 m

Signposts will guide you all along this route: follow the **waymarks for trail #8**.

Cross the village's main road, the municipal campsite and a recent housing estate, then take a pleasant path on the bank of the Lot river. The path leads you to the pretty village of Chadenet, via Le Crouzet, on the GR®43. This flat section is ideal for making a gentle start.

At Chadenet, you embark on a track that climbs gradually for two kilometres before levelling out in the forest: perfect for lengthening your stride!

At Allenc, you start climbing again to reach Le Moure d'Allenc, altitude 1,198 m. Then, all that is left is to head downhill on a large track through fields and forest.

Signposts will guide you all along this route, as well as yellow painted waymarks. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks:

From "**Bagnols-Les-Bains** », go to « **Chadenets** » via :

1. « **Avenue de la Gare** »,
2. « **Le Crouzet** » (GR®43).
3. At « **Chadenet** » go to « **Le Moure d'Allenc** » via
4. « **Lou Claoux** »,
5. « **Village** »,
6. « **Lavit** »,
7. « **Le Mas** ».
8. At « **Le Moure d'Allenc** », return to "**Bagnols-les-Bains**" via
9. « **Pessasse** », « **Bagnols-les-Bains** ».

This hike is taken from the guidebook **Mont Lozère - Pays des sources, de la montagne du Goulet aux gorges du Bramont**, published by the Pôle de pleine nature du Mont Lozère.

# On your path...



Saint-Privat's church (A)

# All useful information

## **Advices**

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Remember that the weather changes quickly in the mountains. Please close all gates and barriers behind you. Stay on the marked path.

## **How to come ?**

### Transports

#### Ligne 253

LIO est le Service Public Occitanie Transports de la Région Occitanie / Pyrénées – Méditerranée. Il, permet à chacun de se déplacer facilement en privilégiant les transports en commun. Pour tout savoir, se rendre sur l'application lio Occitanie ou bien sur <https://ww.mestrajets.lio.laregion.fr>

### Access

From Le Bleymard, on the D 901.

From Mende, towards Badaroux on the RN 88, then to Ste-Hélène / Bagnols-les-Bains on the D 901.

### Advised parking

thermal baths parking

## **Information desks**

### **Office de tourisme Des Cévennes au mont Lozère**

le Quai, 48220 Le Pont de Montvert sud mont-Lozère

[info@cevennes-montlozere.com](mailto:info@cevennes-montlozere.com)

Tel : 04 66 45 81 94

<https://www.cevennes-montlozere.com/>



### **Tourism office Coeur de Lozère, Mende**

BP 83, place du Foirail, 48000 Mende

[mendetourisme@ot-mende.com](mailto:mendetourisme@ot-mende.com)

Tel : 04 66 94 00 23

<https://www.mende-coeur-lozere.fr>



### **Tourism office Mont-Lozère, Bagnols-les-Bains**

avenue de la gare, 48190 Bagnols-les-Bains Mont-Lozere et Goulet

[contact@destination-montlozere.fr](mailto:contact@destination-montlozere.fr)

Tel : 04 66 47 61 13

<https://www.destination-montlozere.fr/>



## **Source**



CC Mont Lozère

<https://www.ccmontlozere.fr/>



Parc national des Cévennes

<http://www.cevennes-parcnational.fr/>



Pôle pleine nature Mont Lozère

# On your path...

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## Saint-Privat's church (A)

Mentioned for the first time in 1258, Saint-Privat's church seems to have been built between the 12th and the early 13th century. It was damaged during the French Wars of Religion, like many churches in the Gévaudan. Despite the many overhauls, its architecture is neat.

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