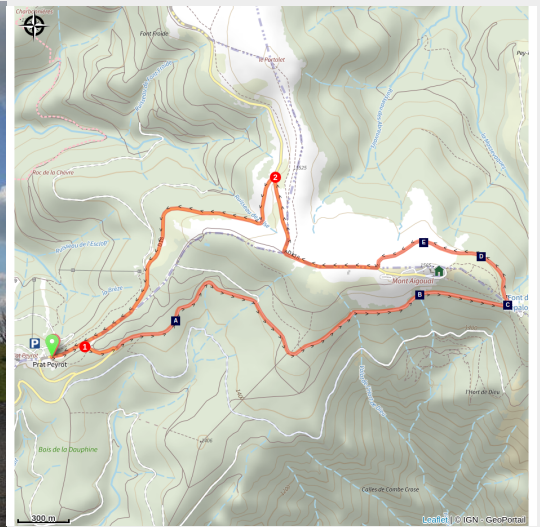


Ascension du mont Aigoual par la voie de découverte

Aigoual



Vue au-dessus de Prat-Peyrot (Béatrice Galzin)



Ideal for beginners and families. Enjoy rest stops as you explore; take the land art trail “Les balcons de l’Aigoual”.

From Prat Peyrot, you take a magnificent, gently sloping country lane.

All along the circuit, enjoy the views. Rest for a moment at the summit, near the weather station. The panorama is exceptional. Then return to Prat Peyrot without any hurry.

Useful information

Practice : Road bike

Duration : 45 min

Length : 7.6 km

Trek ascent : 167 m

Difficulty : Very easy

Type : Loop

Trek

Departure : Prat-Peyrot

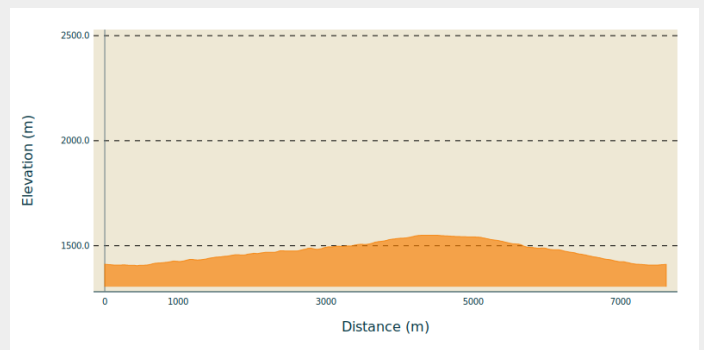
Arrival : Prat-Peyrot

Cities : 1. Val-d'Aigoual

2. Bassurels

3. Meyrueis

Altimetric profile

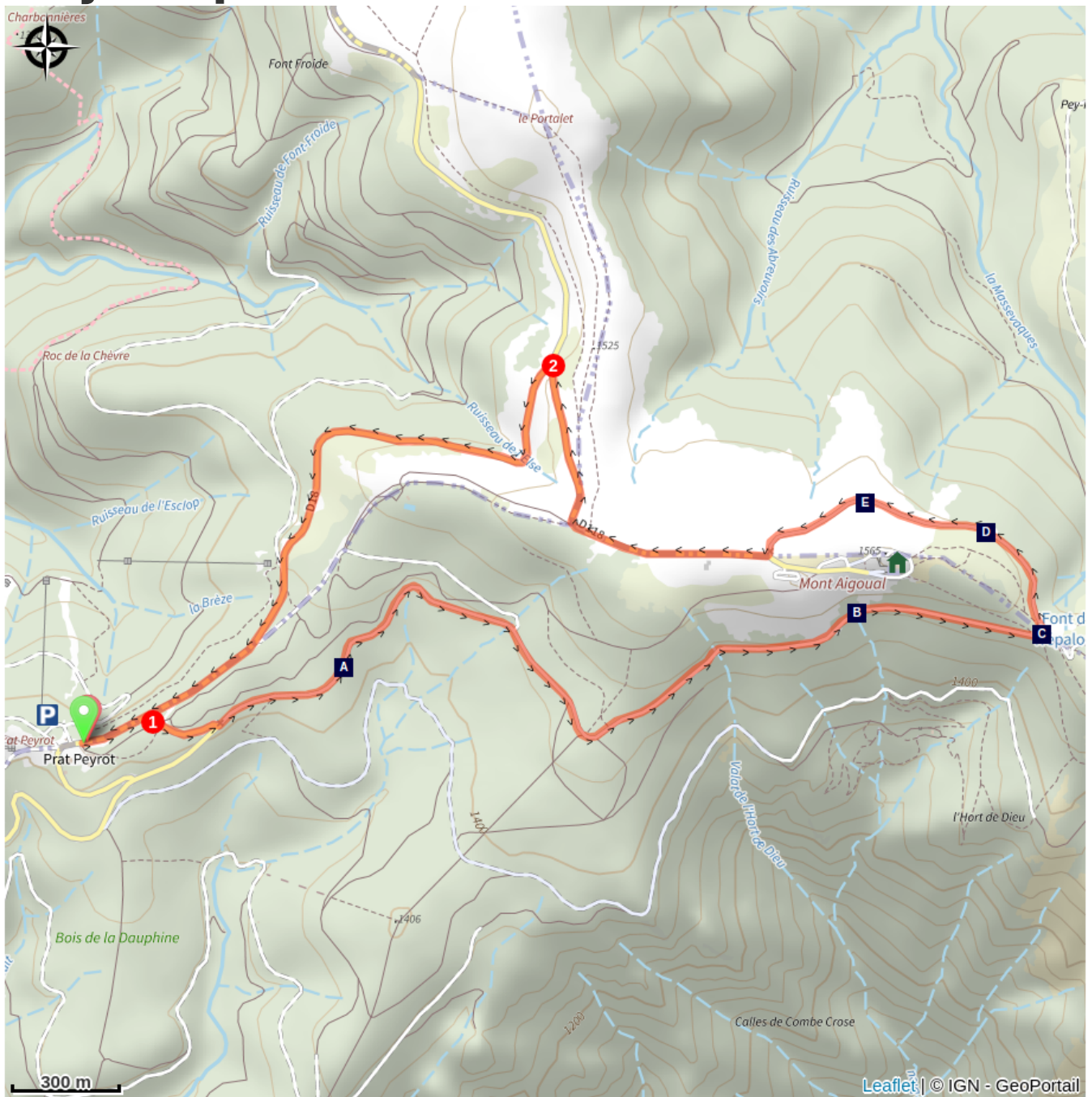


Min elevation 1405 m Max elevation 1550 m

From **Prat-Peyrot** :

1. Go downhill on the D269 and turn left onto the track closed to motorised vehicles to reach the summit of **Mont Aigoual**.
2. Turn left onto the D118 then the D18 to return to **Prat-Peyrot**.

On your path...



Catchment Area (Xavier Rèche) (A)
 The evolution of plant life (C)
 Tempus Fugit (Fiona Paterson,
 Donald Buglass) (E)

Seated (Marie-Hélène Richard) (B)
 Cell (Marie Gueydon de Dives) (D)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Advices

Only attempt this circuit in good weather.

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Respect traffic laws and other road users; stay in control of your speed and trajectory. Make sure to be seen and travel in single file when in a group. Remember that the weather changes quickly in the mountains. Take enough water. Safe trip!

How to come ?

Access

From Valleraugue to L'Espérou and the Col de La Serreyrède pass on the D986; then to Prat Peyrot on the D269.

From Meyrueis, to St-Sauveur-Camprieu and the Col de La Serreyrède pass on the D986; from the pass, to Prat Peyrot on the D269.

Advised parking

Prat-Peyrot outdoor activity centre

Information desks

Tourism & national parc'house

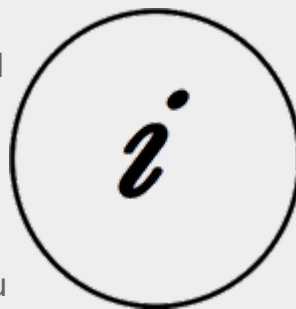
Col de la Serreyrède, 30570 Val d'Aigoual

maisondeilaigoual@sudcevennes.com

Tel : 04 67 82 64 67

<https://www.sudcevennes.com>

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux du bâtiment (ascenseur)



Source



CC Causses Aigoual Cévennes Terres Solidaires

<http://www.caussesaignoualcevennes.fr/>



Pôle Nature Aigoual

On your path...



Catchment Area (Xavier Rèche) (A)

By its location and name, this installation evokes the nearby watershed between the Atlantic and Mediterranean. A vessel reduced to a suspended wooden framework, without strakes or gunwale, tilts in the direction of the runoff. It emphasises the first branches of a gigantic drainage system.

Attribution : © Filature du Mazel



Seated (Marie-Hélène Richard) (B)

Far from town, paths open the door to new rhythms. Another vision of life and time lets us breathe in the ever-present contemplation, stones, trees and skies. A physical experience of coming face-to-face with nature. A bench made of wood and branches, whose back becomes thinner as it rises towards the sky, as if to turn back into a tree.

Attribution : © Filature du Mazel



The evolution of plant life (C)

At the pass stands a schist menhir (standing stone). To the north, in Trépaloup ravine, hewn flint implements bear witness to a human presence in the region since prehistoric times. Palynological analyses (studies of pollen fossilised in peatbogs) have allowed scientists to piece together the plant life on Mont Aigoual from 8,000 to 5,000 BC. Pine predominated, accompanied by birch and hazelnut. Then pine populations gradually diminished. The damp climate warmed up, favouring the spread of oak and hazelnut. Finally, the increased damp and cloud cover at altitude allowed fir and beech to develop. From the end of the first century BC, the substantial percentage of grasses shows that forest had receded in favour of pasture and prairies. This was the start of the great deforestation.

Attribution : nathalie.thomas



Cell (Marie Gueydon de Dives) (D)

This artwork, natural in architecture but artificial in execution, represents a passage between the interior and exterior worlds. Posing or opposing while questioning the notions of limit, porousness and opening.

This work encourages you to come inside but feel outside. To be the contemplative eye, the receiving ear, the conscience that objectifies reality.

Attribution : © Filature du Mazel



Tempus Fugit (Fiona Paterson, Donald Buglass) (E)

Time flies, conscience cries, death threatens, heaven invites, hell scolds, and man sleeps. Here, the effects of time and natural elements transform the wood used in the artwork; everything is an endless renewal at the same rate as the passing hours. How much time have we got left before everything is lost and it is too late to repair the damage? Nature will continue on its trajectory and efface the traces of Humanity on Earth.

Attribution : © Natacha Maltaverne