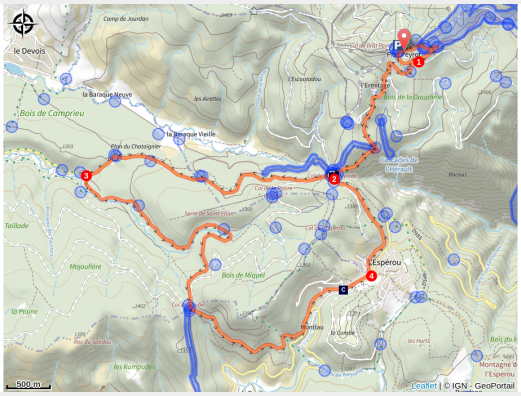
La boucle découverte du col de Faubel

Aigoual

Le belvédère de la Serreyrède (Audrey Bourgade)



Circuit without any particular difficulty exploring a little corner of the Aigoual massif around the Bois de Miquel woods and along the watershed.

Three valleys open up before you: the Hérault valley, the Dourbie valley and the Bonheur valley. The first looks towards the Mediterranean and the Cévennes, the other two towards the Atlantic and the gentle slopes leading to the villages of Camprieu and Dourbies.

Just to whet your appetite for further exploration…

Useful information

Practice : Road bike

Duration : 1 h 30

Length : 17.8 km

Trek ascent : 454 m

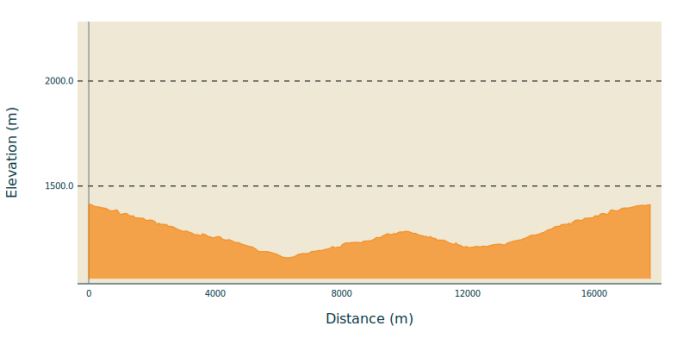
Difficulty : Very easy

Type : Loop

Trek

Departure : Prat-Peyrot
Arrival : Prat-Peyrot
Cities : 1. Val-d'Aigoual
2. Meyrueis
3. Saint-Sauveur-Camprieu
4. Dourbies

Altimetric profile



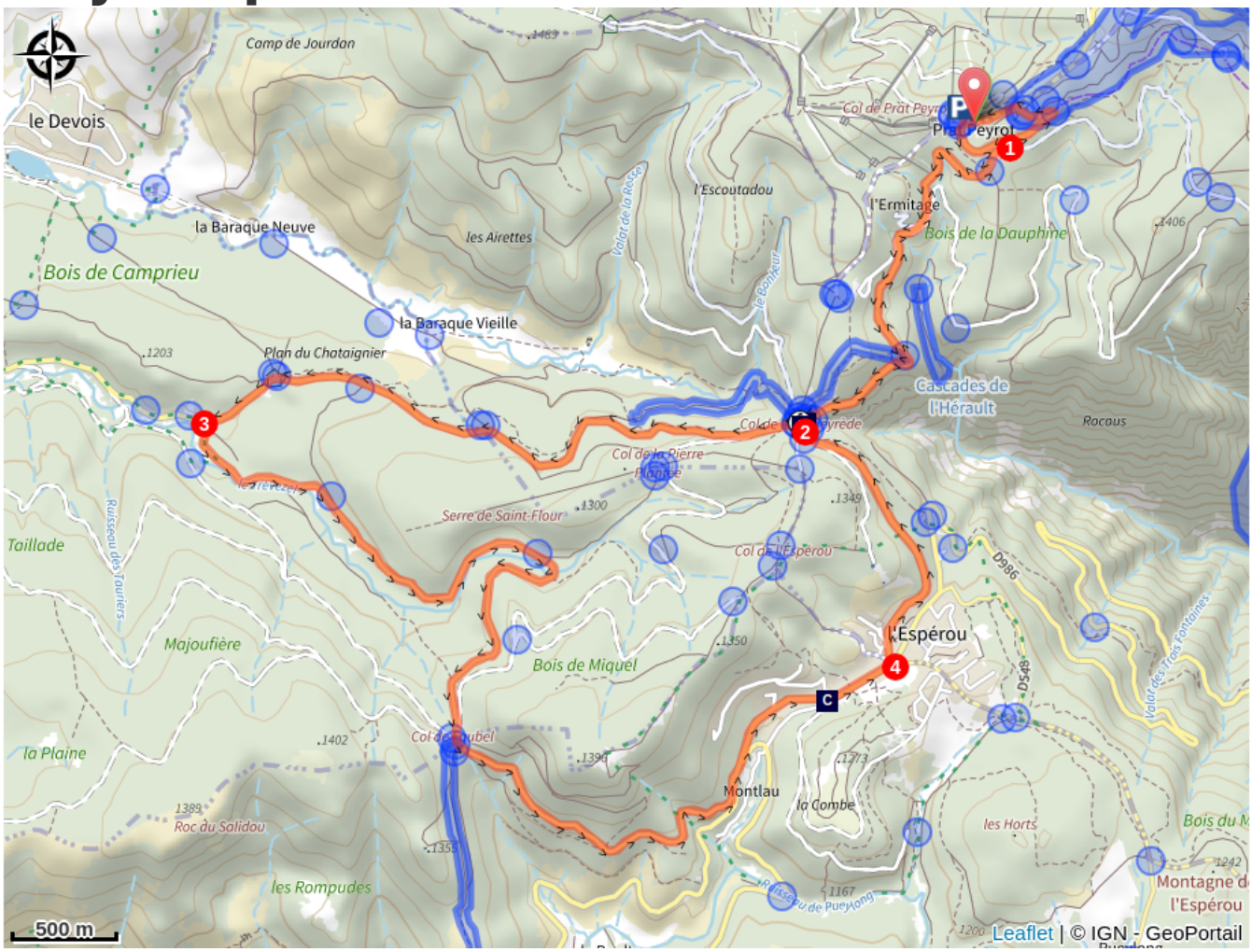
Min elevation 1159 m Max elevation 1413 m

From the activity centre at Prat-Peyrot, bike downhill to reach the D269.

1. Turn right onto the D269 to reach the Col de La Serreyrède pass.
2. At the pass, turn right onto the D986 towards Camprieu.
3. Before you reach Camprieu, turn left onto the D986a towards the Col de Faubel pass and L’Espérou.
4. At L’Espérou, go back uphill on the D986 to the Col de La Serreyrède, then follow the D269 to return to Prat-Peyrot.

Possible start from l'Espérou and Camprieu.

On your path...



Climate frontier (A)

The watershed (B)

The village of L’Espérou (C)

All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

Advices

Before committing yourself to a circuit, ensure that it is suitable for your activity level and ability. Respect traffic laws and other road users; stay in control of your speed and trajectory. Make sure to be seen and travel in single file when in a group. Remember that the weather changes quickly in the mountains. Take enough water. Safe trip !

How to come ?

Access

From Valleraugue to L’Espérou and the Col de La Serreyrède pass on the D986; then to Prat Peyrot on the D269.

From Meyrueis to St-Sauveur-Camprieu and the Col de La Serreyrède pass on the D986; at the pass, head to Prat Peyrot on the D269.

Advised parking

Prat-Peyrot

Information desks

Tourism & national parc'house
Col de la Serreyrède, 30570 Val d'Aigoual

maisondelaigoual@sudcevennes.com
Tel : 04 67 82 64 67
https://www.sudcevennes.com

Accessibility : Accessible aux personnes à mobilité réduite sur les trois niveaux du bâtiment (ascenseur)

Source

CC Causses Aigoual Cévennes Terres Solidaires

http://www.caussesaigoualcevennes.fr/

Pôle Nature Aigoual

On your path...

Climate frontier (A)

The pass is also a climate frontier. The Atlantic side is predominantly exposed to the west wind and receives rainfall that is fairly regularly spread over the year. The Mediterranean side, however, is drier and hotter and constitutes a massive barrier to the occasional southeast wind (the marin), thus forcing its humid air to rise suddenly. This makes the clouds' water content condense, which can give rise to so-called Cevenol episodes: heavy rainfall (600 mm in 24 hrs) causing catastrophic floods. The Aigoual, Mount Aigualis the rainy (A. Bernard), is well-named! After Savoie, it is the rainiest place in France.

Attribution : nathalie.thomas

The watershed (B)

The current relief creates a frontier between the Atlantic and the Mediterranean: depending on the slope, water runs towards either the Ocean or the Sea. This is due to the uplift of the Cevenol sill, brought about by geological activity along the Cévennes fault, which borders draw the northern limit of the Languedoc region. This natural sill marks the geographical border between the northwest slope – verdant, not too steep – and the southeast slope, which falls away abruptly in the Languedoc and continues to be subject to powerful erosion.

Attribution : nathalie.thomas

The village of L'Espérou (C)

The village of L'Espérou lies on the border of Dourbies and Valleraugue local councils. A draille (track for livestock to migrate to summer pastures with their shepherds) crosses the village. As in many villages in the Gard, the two places of worship – one Catholic, the other Protestant – are opposite each other. The village is located in a varied environment that is suitable for outdoor activities and sports.

Attribution : Béatrice Galzin