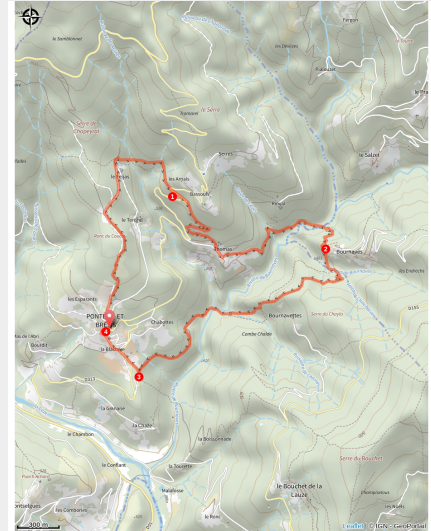


Bournaves

Mont Lozère



(Martpan)



The tranquil landscape of the upper Cèze valley alternates between coniferous woods planted in the 19th century and open meadows.

Useful information

Practice : Hiking on foot

Duration : 2 h 30

Length : 7.3 km

Trek ascent : 385 m

Difficulty : Medium

Type : Loop

Trek

Departure : Pontails-et-Brésis

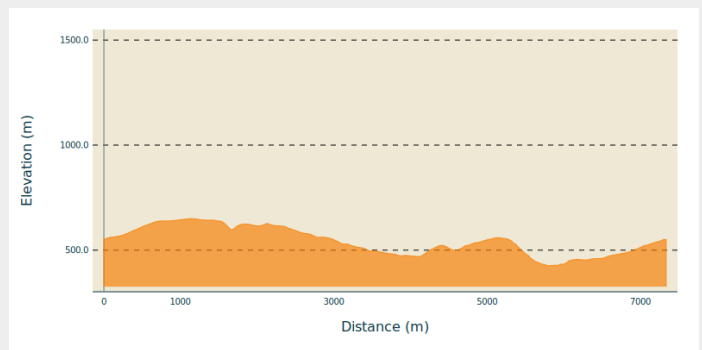
Arrival : Pontails-et-Brésis

Markings :  Yellow waymarks

Cities : 1. Pontails-et-Brésis

2. Malons-et-Elze

Altimetric profile



Min elevation 426 m Max elevation 650 m

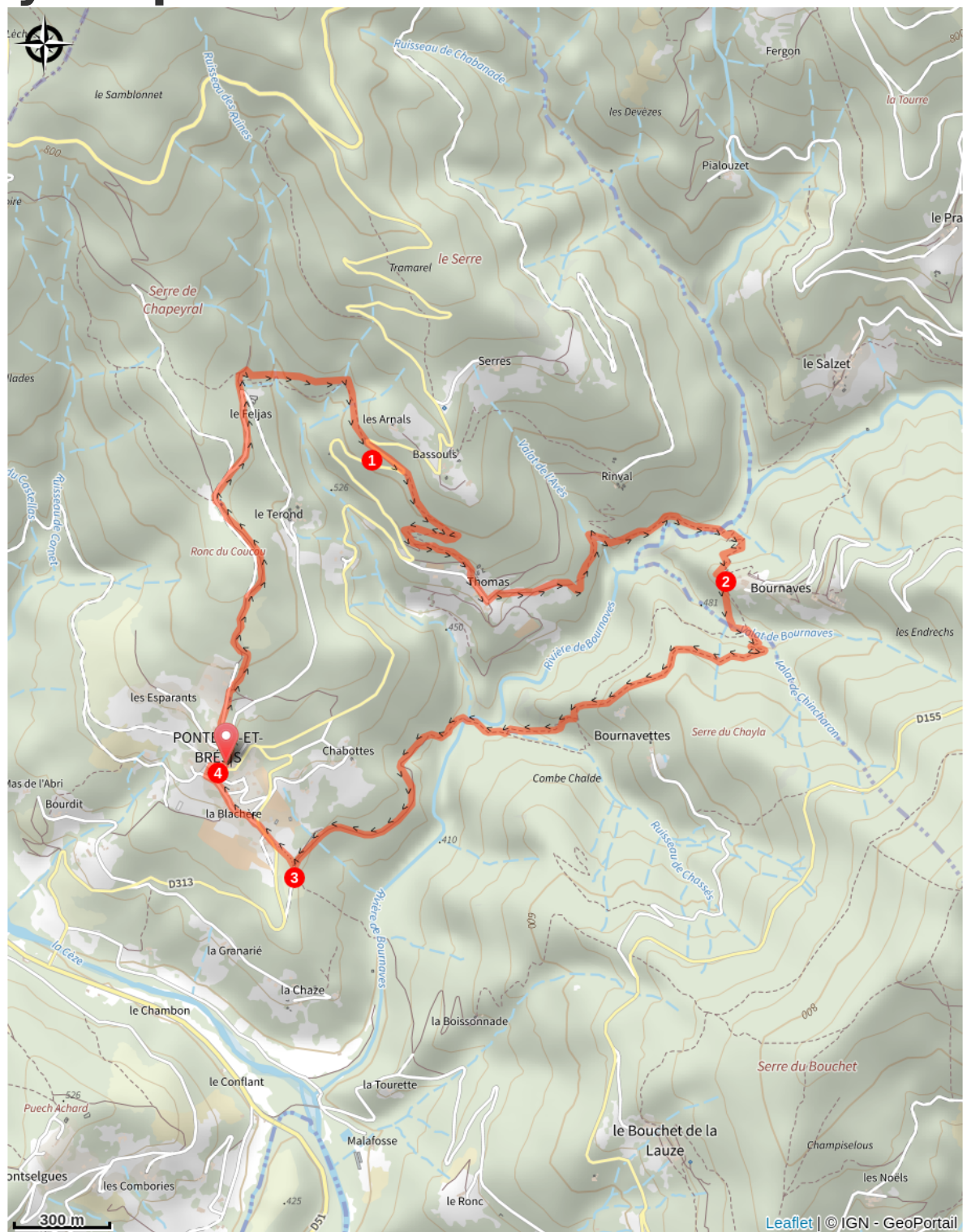
Signposts will guide you all along this route, as well as yellow painted waymarks. In the description below, the signposted place names and/or directions are given in **bold italics** between quotation marks :

Starting at “**PONTEILS ET BRÉSIS**”, walk to “**BOURNAVES**” via :

1. “**Les Arnals**”,
2. At “**BOURNAVES**”, return to “**PONTEILS ET BRÉSIS**” via :
3. “**Chabottes**”,
4. “**Pontails**”.

This hike is taken from the guidebook **Mont Lozère - Pays des sources, Sommet des Cévennes**, published by the Pôle de pleine nature du Mont Lozère.

On your path...



All useful information

Advices

Make sure your equipment is appropriate for the day's weather conditions. Remember that the weather changes quickly in the mountains. Take enough water, wear sturdy shoes and put on a hat.

How to come ?

Access

From Villefort, on the D51 (17 mins)

From Génolhac, on the D906, D155 and D51 (19 mins)

Advised parking

Car park at the Mairie (town hall)

Information desks

Tourism'house and national parc, Génolhac

Place du Colombier, 30450 Génolhac

contact@cevennes-tourisme.fr

Tel : 04 66 61 09 48

<http://www.cevennes-tourisme.fr/>



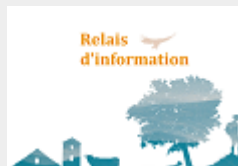
Tourism office Mont-Lozère, Villefort

43, Place du Bosquet, 48800 Villefort

contact@destination-montlozere.fr

Tel : 04 66 46 87 30

<https://www.destination-montlozere.fr/>



Source



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<https://www.ccmontlozere.fr/>